

My Superpower

64 Count, 2 Wall, High Intermediate Choreographer: Neville Fitzgerald & Julie Harris Choreographed to: Super Power by Adam Lambert

Starts 8 Counts...

3&

4&5

Section 1 Rock Recover, Step Lock Forward, Out, Out, Ball Cross, & Together.

1-2 Rock Forward on Left, recover on right (slight roll of body)
3&4 Step forward on Left, lock Right behind Left, step forward on Left.

5-6 Step Right out to Right side, step Left out to Left side,

&7&8 Step Right next to Left, cross step Left over Right, step Right to Right side,

make 1/8 turn to Left as you step Left next to Right popping Right knee. (10.30)

Section 2 Step, Lock Step Forward, Step 1/2, 1/2 Lock Step, Side.

1-2&3 Step forward on Right. Step forward on Left, lock Right behind Left, step forward on Left.

4-5 Step forward on Right, make 1/2 pivot to Left. (4.30)

6&7 1/4 turn to Left stepping Right to Right side, lock Left over Right,

1/4 turn To Left stepping back on Right. (10:30)

8 Step Left to Left side. (9.00)

Section 3 Back Rock Side, Behind 1/4 Side, Back Rock Side, Behind 1/4 Side, Touch.

1&2 Cross rock Right behind Left, recover on Left, step Right to Right side.

3&4 Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step Left to Left side. (12.00)

5&6 Cross rock Right behind Left, recover on Left, step Right to Right side.

7&8& Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right,

step Left to Left side, touch Right next to Left.(3.00)

Section 4 Step Touch, Step Touch, Step Touch, Coaster Step, Step 1/2, 1/4.

1&2& (Travelling backwards) Step diagonally back on Right, touch Left next to Right.

Step diagonally back on Left, touch right next to Left.

Step diagonally back on Right, touch Left next to Right.

Step back on Left, step Right next to Left, step forward on Left.

6-8 Step forward on right, make 1/2 pivot to Left, make 1/4 turn to Left stepping Right to Right side. (6.00)

Section 5 Bounce & Bounce, Rock Back, Recover, 1/4 Cross & Cross & Cross & Cross

1&2 Step back on Left as you bounce down, recover on Right, step down on Left as you bounce again.

3-4 Rock back on Right , recover forward on left.

5&6& Make 1/4 turn to Right cross stepping Right over Left, step Left to Left side,

cross step Right over Left, step Left to Left side.

7&8 Cross step Right over Left, step Left to Left side, cross step right over Left.

(Rotating hips anticlockwise for count 5-8)

Section 6 Side Touch, Side, Behind & Cross, Side, 1/4 Hinge, 1/4 Hinge, Behind & Cross.

&1-2 Step Left to Left side, touch Right next to Left, Step Right to Right side.

3&4 Cross step Left behind Right, step Right to Right side, cross step Left over Right.
5-6 Step Right to Right side, make 1/4 hinge to Left stepping Left to Left side. (6.00)
7-8&1 Make 1/4 hinge turn to Left stepping Right to Right side, cross step Left behind Right,

step Right to Right side, cross step Left over Right. (3.00)

Section 7 Side Rock, Recover & Side, Touch, 1/4 Back Sweep, Behind & Cross

2-3 Rock Right to Right side, recover on Left.

&4-5 Step Right next to Left, step Left to Left side, touch Right next to Left.

Make 1/4 turn to Left stepping back on Right sweeping Left out to Left side. (12.00)
Cross step Left behind Right, step Right to Right side, cross step Left over Right.

Section 8 1/2 Turning Circle, & Walk, Walk, Rock Recover.

1-2 Make 1/8 turn to Right stepping forward Right (1.30) make 1/8 turn to Right stepping Left to Left side (3.00)

3-4 Make 1/8 turn to Right stepping back on Right (4.30) Step back on Left.
&5-6 Make 1/8 turn to Right stepping Right next to Left (6.00) Walk forward L-R.
7-8 Rock forward on Left, recover back on Right with slight body roll (6.00)

Restart on Wall 2 ... Dance Up to Count 32 Section 4 Then Restart.



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