



Wounded Heart

32 Count, 4 Wall, Beginner

Choreographer: Lee Hamilton (UK) February 2019

Choreographed to: Believe Me Baby (I Lied)
by Trisha Yearwood

24 Counts intro

1-8 R Cross Rock, R Side Chasse, L Cross Rock, L Side Chasse

12 Cross Rock R over L (1), Recover onto L (2),
3&4 Step R to R side (3), Close L beside R (&), Step R to R side (4),
56 Cross Rock L over R (5), Recover onto R (6),
7&8 Step L to L Side (7), Close R beside L (&), Step L to L Side (8),

9-16 R Rock Forward, R Coaster Step, L Rock Forward, 1/4 L, R Touch

12 Rock R Forward (1), Recover onto L (2),
3&4 Step R Back (3), Close L beside R (&), Step R Forward (4),
56 Rock L Forward (5), Recover onto R (6),
78 Make a 1/4 L by stepping L to L Side (7), Touch R beside L (8),

17-24 R Side Chasse, L Rock Back, L Side Chasse, R Rock Back

1&2 Step R to R side (1), Close L beside R (&), Step R to R side (2),
34 Cross Rock L behind R (3), Recover onto R (4),
5&6 Step L to L Side (5), Close R beside L (&), Step L to L Side (6),
78 Cross Rock R behind L (7), Recover onto L (8),

25-32 R Side Strut, L Cross Strut, R Side Rock, R Behind, L Side

12 Step R Toe to R Side (1), Flatten R Foot (2),
34 Cross L Toe over R (3), Flatten L Foot (4),
56 Rock R to R Side (5), Recover onto L (6),
78 Cross R behind L (7), Step L to L Side (8),

Ending on Wall 13. Change count 7 in Section 2 to 'L Step Back' to finish on front wall.

Have fun

Music download available from iTunes



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