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- 1 - 8 Rock, Recover, 1/2 R, 1/2 R, Step Back, Touch, Bump Fwd-Back-Fwd**
1, 2 Rock forward R, Recover onto L
3, 4 Turn 1/2 right stepping forward R (6:00), Turn 1/2 right stepping back L (12:00)
5, 6 Step back R, Touch L toe forward with bent knee
7 & 8 Bump hips forward, back and forward placing weight onto L
- 9 - 16 Walk 2, Anchor step, 1/2 L, 1/2 L, Sailor step 1/4 L with cross**
1, 2 Step forward R, Step forward L
3 & 4 Step ball of R behind L, Step L in place, Step back R
5, 6 Turn 1/2 left stepping forward onto L (6:00), Turn 1/2 left stepping back on R (12:00)
7 & 8 Sweep L counterclockwise stepping behind R while turning 1/4 left (9:00), Step R to right side, Step L across R ("English cross")
- 17 - 24 Ball Cross, 1/4 R, Step-Lock-Step, Kick, 1/4 L, Triple forward**
& 1, 2 Step ball of R to right side, Step L across R, Turn 1/4 right (12:00) stepping forward R
3 & 4 Step forward L, Step ball of R behind L, Step forward L
5, 6 Kick R to right side diagonal (2:00), Step back R behind L
7 & 8 Turn 1/4 left stepping forward L (9:00), Step together R, Step forward L
- 25 - 32 Step, Pivot 1/2 L, 1/2 L step R to right side, Hold, Sway L, R, Bump hips L&L**
1, 2 Step forward R, Turn 1/2 left stepping onto L (3:00)
3, 4 Pivot 1/2 left while on L stepping R to right side (9:00), Hold
5, 6 Sway L, Sway R (or bump hips L, R)
7 & 8 Bump hips L, R, L weight ending on L
- 33 - 40 Point, Cross, Point, Cross, Step back, Close, Shuffle Forward**
1, 2 Point R toe to right side, Step R across L
3, 4 Point L toe to left side, Step L across R
- Restart here on the 2nd repetition only (12:00)**
5, 6 Step back R, Step together L
7 & 8 Step forward R, Step together L, Step forward R
- 41 - 48 Rock, Recover, 1/2 L turning triple, Step, Hitch, Back, Rock Back & Recover**
1, 2 Rock forward L, Recover onto R
3 & 4 Turning 1/2 left step forward L (3:00), Step together R, Step forward L
5, 6 Step forward R, Hitch L knee bringing L heel behind R calf
7, 8 & Step back L, Rock back R, Recover onto L

Repeat, enjoy and feel sexy!