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## Life's About

48 Count, 4 Wall, Improver

Choreographer: Dwight Meessen (NL) & Lee Hamilton (UK)  
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Choreographed to: Life's About To Get Good by Shania Twain.  
Album: Now

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**Info:**                    **Start after 16 counts on vocals**

**Section 1                Walk Fwd x2, Mambo Fwd, Coaster, Mambo Fwd Point**

1-2                    RF step forward, LF step forward  
3&4                   RF rock forward, LF recover, RF step slightly back  
5&6                   LF step back, RF together, LF step forward  
7&8                   RF rock forward, LF recover, RF point side

**Section 2                Behind Side Cross, Half Rumba Box Fwd, Toe Heel Stomp, Toe Heel Cross**

1&2                   RF cross behind, LF step side, RF cross over  
3&4                   LF step side, RF together, LF step forward  
5&6                   RF touch toes beside turned inward, RF touch heel beside turned inward, RF stomp across  
7&8                   LF touch toes beside turned inward, LF touch heel beside turned inward, LF cross over

**Section 3                Step Lock Step Bkw, Coaster, Vaudeville x2**

1&2                   RF step back, LF lock across, RF step back  
3&4                   LF step back, RF together, LF step forward  
5&6&                   RF cross over, LF step slightly left back, RF dig heel right forward, RF together  
7&8&                   LF cross over, RF step slightly right back, LF dig heel left forward, LF together

**Section 4                Pivot ½ L, Diag. Step Lock Step Fwd x2, Diag. Fwd, Touch, Diag. Back, Hook**

1-2                   RF step forward, R+L ½ turn left  
3&4                   RF step right forward, LF lock behind, RF step forward  
5&6                   LF step left forward, RF lock behind, LF step forward  
7&8&                   RF step right forward, LF touch beside, LF step left back, RF hook across [6]

**Section 5                Rock Fwd Recover, Ball Back, Back, Rock Back Recover, Ball Fwd, Fwd**

1-2                   RF rock forward, LF recover  
&3-4                   RF step beside on ball foot, LF step back, RF step back  
5-6                   LF rock back, RF recover  
&7-8                   LF step beside on ball foot, RF step forward, LF step forward [6]

**Section 6                Rock Side Recover, Behind, ¼ L Fwd, Fwd, Rock Fwd Recover, Shuffle ½ L**

1-2                   RF rock side, LF recover  
3&4                   RF cross behind, LF ¼ left step forward, RF step forward  
5-6                   LF rock forward, RF recover  
7&8                   LF ¼ left step side, RF step beside, LF ¼ left step forward [9]

**Start again**

**Bridge:**                **After the 1st, 3rd and 5th wall:  
Mambo Fwd, Coaster**

**1&2                    RF rock forward, LF recover, RF step slightly back**  
**3&4                    LF step back, RF together, LF step forward**