

Macahula

32 count, 4 wall, Beginner level

Choreographer : John 'Growthler' Rowell (UK)

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Choreographed to : Macahula by Dr. Mac Doo,
Under The Kilt CD

The 8 beat introduction is counted from the double clap. Start after Dr. Mac Doo say's "Here we go" (17 secs.)

RIGHT SCISSOR STEP, LEFT SCISSOR STEP

- 1-2 Step right to right, step left next to right
- 3-4 Cross right in front of left, hold
- 5-6 Step left to left, step right next to left
- 7-8 Cross left in front of right, hold

RIGHT CHASSE, ROCK BACK, RECOVER, 1/4 TURN SHUFFLE, SCUFF, STOMP

- 9&10 Step right to right, (&) step left next to right, step right to right
- 11-12 Rock back on left, recover weight onto right
- 13&14 Step left 1/4 turn left, (&) step right next to left, step forward left
- 15-16 Scuff right heel forward, stomp right next to left
(Optional arm positions, counts 15 to 22. Place hands on hips with elbows straight out from body)

LEFT COASTER, RIGHT SHUFFLE, STEP- TURN, HEEL SWITCHES

- 17&18 Step left back, (&) step right next to left, step left forward
- 19&20 Step right forward, (&) step left next to right, step right forward
- 21-22 Step left forward, pivot a half turn right
- 23& Touch left heel forward, (&) step left in place,
(Optional hand movement, counts 23&, spread arms at chest height, palms up)
- 24& Touch right heel forward, (&) step right in place
(Optional hand movement, counts 24& cross arms at chest height, right over left, touching hands to shoulders)

CROSS-STOMP, HOLD, UNWIND, HOLD, ROCK FORWARD, RECOVER, LEFT COASTER

- 25-26 Stomp left across front of right, hold
(Optional hand movement, counts 25-26, spread arms at hip height, palms down)
- 27-28 Unwind 1/2 turn right, hold
- 29-30 Rock forward on left, recover weight onto right
- 31&32 Step back left, (&) step right next to left, step forward left