

Do It Well

48 count, 4 wall, intermediate level

Choreographer: Jo & John Kinser (UK) Oct 2007

Choreographed to: Do It Well By Jennifer Lopez,

Album: Brave

Start On Vocals

1-8 Walk Rt, Lt, 1/2 Turn Step, Full Turn, Rock & Cross

1,2 Step Rt fwd, Step Lt fwd

3&4 Make 1/2 turn Lt stepping back Rt, Step Lt next to Rt, Step Rt fwd

5,6 Make 1/2 Rt stepping back Lt, Make 1/2 Rt stepping fwd Rt

7&8 Rock Lt to Lt, Replace weight Rt, Step Lt across Rt

9-16 Knees' Out, In, Out, Cross, Back, Jump Out, In, Out, Scuff & Step

1&2 Step Rt to Rt with knees out, Bring knee's in, Bring knees out (weight ends on Rt foot)

3,4 Cross Lt over Rt, Step Rt back

5&6 Jump out with both feet, Jump in with both feet, Jump out with both feet

7&8 Scuff Rt heel in front of Lt, Bring Rt knee up, Step Rt to Rt

17-24 Scuff & Step, Swivel, 1/4, & Step, Cross, Unwind 3/4

1&2 Scuff Lt heel in front of Rt, Bring Lt knee up, Step Lt to Lt

3 Swivel Rt toe to Rt while swivelling the Lt heel to Lt

4 Make 1/4 turn Lt (weight Lt) facing 3 o' clock

&5,6 Step Rt next to Lt, Step Lt fwd, Cross Rt over of Lt

7,8 Make 3/8th's turn unwinding Lt, Make 3/8th's turn unwinding Lt (3/4 turn Lt, weight Lt)

25-32 Ball Step Fwd, Step 1/2 Turn, 1/4 Side Shuffle, Cross, Unwind

&1,2 Rock back on ball of Rt, Step Lt fwd, Step Rt fwd

3,4 Step Lt fwd, Make 1/2 turn Rt

5&6 Make 1/4 turn Rt stepping Lt to Lt, Step Rt next to Lt, Step Lt to Lt (Leading with the hip)

7,8 Cross Rt over Lt, Unwind 1/2 turn Lt (weight Lt)

33-40 And Out Punch, Elbows Lt, Rt, Lt – Kick, Cross, Unwind, Walk, Walk

&1 Step out Rt, Lt (shoulder width apart)

2 Bring elbows up to chest level while punching the Rt fist into Lt palm

3& Push elbows Lt, Rt

4 Push elbows Lt while transferring weight Rt raising Lt foot on the floor (leg straight)

5,6 Cross Lt over Rt, Unwind 3/4 turn Rt (weight Lt)

7,8 Step fwd Rt, Step fwd Lt

41-48 Heel, Toe, 1/4, 1/4, Step 1/4 Turn, Step 1/2 Turn

1,2 Touch Rt heel fwd, Touch Rt toe back

3,4 Make a 1/4 turn Rt (weight Rt), Make a 1/4 turn Lt (weight Lt)

5,6 Step Rt fwd, Make a 1/4 turn Lt stepping fwd Lt

7,8 Step fwd Rt, Make a 1/2 turn Lt stepping fwd Lt

HAVE FUN