

All Bass, No Treble

32 Count, 4 Wall, Improver

Choreographer: Jonno & Alix Liberman (July 2014)

Choreographed to: All About That Bass by Meghan Trainor

Intro: begin when she says "all" or after 32 counts

TOUCH, STEP, TOUCH, STEP, JAZZ BOX

- 1-2 Touch right forward, step right forward
- 3-4 Touch left forward, step left forward
- 5-6 Cross right over, step left back
- 7-8 Step right side, step left forward

LEFT ¼ TURN WITH HIP ROLL, LEFT HIP BUMP 2X, STEP RIGHT, LEFT TOUCH, STEP LEFT, RIGHT TOUCH

- 1-2 Step right forward, turn ¼ left (weight to left with hip roll)
- 3-4 Hip left, hip left
- 5-6 Step right side, touch left together
- 7-8 Step left side, touch right together

RIGHT SIDE SHUFFLE, ROCK RECOVER, SHUFFLE ¼ LEFT, TURN ¼ LEFT

- 1&2 Chassé side right-left-right
- 3-4 Cross/rock left behind, recover to right
- 5&6 Turn ¼ left and chassé forward left-right-left
- 7-8 Step right forward, turn ¼ left (weight to left)

HAND JIVE

- 1 Hold (place hands on opposite shoulders)
- 2 Hold (place right hand on right shoulder and left hand on left shoulder)
- 3 Hold (place hands on opposite hips)
- 4 Hold (place right hand on right hip and left hand on left hip)
- 5 Flick right back (leave left hand on left hip and touch right heel with right hand)
- &6 Touch right together, hitch right (touch right knee with right hand)
- 7 Hold (place hands on opposite shoulders)
- 8 Hold (throw both arms up)

The "Hand Jive" on walls 5, 9, and 13 (last wall) will be slightly different

- 1 Hold (place hands on opposite shoulders)
- 2 Hold (place right hand on right shoulder and left hand on left shoulder)
- 3 Flick right back (leave left hand on left hip and touch right heel with right hand)
- &4 Touch right together, hitch right (touch right knee with right hand)
- & Hold (place hands on opposite shoulders)
- 5 Hold (throw both arms up)
- 6-7-8 Hold for 3 counts (hold arms in the air or slowly lower arms down)