



I Know I'm Not Alone

48 Count, 4 Wall, Intermediate
Choreographer: Val Saari (CA) April 2018
Choreographed to: Alone by Alan Walker

CROSS ROCK/SIDE SHUFFLE, LEFT & RIGHT/ PIVOT 1/4 LEFT
1,2,3&4 Cross RF over LF, Recover LF, Shuffle Right (right-left-right)
5,6,7&8 Cross LF over RF, Recover RF, Shuffle Left (left-right-left pivot 1/4 left)

CROSS ROCK/SIDE SHUFFLE, LEFT & RIGHT/ PIVOT 1/4 LEFT
1,2,3&4 Cross RF over LF, Recover LF, Shuffle Right (right-left-right)
5,6,7&8 Cross LF over RF, Recover RF, Shuffle Left (left-right-left pivot 1/4 left)

SHUFFLE FORWARD X 2, BACKWARDS STEP TOUCHES X 2,
1&2 Shuffle forward RLR
3&4 Shuffle forward LRL
5-6 RF Step back, LF Touch beside R
7-8 LF Step back, RF touch beside L

SIDE TOE-STRUTS R, L, LINDY RIGHT PIVOT 1/4 L
1-2 Touch RF toes to right side, Step RF heel down
3-4 Touch LF toes beside RF, Step LF heel down
5&6 Shuffle right, RLR
7-8 Rock back on LF pivot 1/4 L, Recover on RF

LF ROCK FWD, RF RECOVER, LF MAMBO BACK, RF ROCK FWD, LF RECOVER, RF MAMBO BACK
1-2 Rock LF forward, Recover RF
3&4 Rock LF back, Recover RF, Step LF beside R
5-6 Rock RF forward, Recover LF
7&8 Rock RF back, Recover LF, Step RF beside L

POINT-CROSSES FORWARD, L, R, L, KICK-BALL CHANGE
1-2 Point LF side left, Cross LF over R
3-4 Point RF side right, Cross RF over L
5-6 Point LF side left, Cross LF over R
7&8 Kick RF forward, Step RF together, Step LF together, hold

Repeat

Music download available from iTunes