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- 1 HEEL GRIND COASTER STEP, HEEL GRIND ¼ COASTER**
1-2 Right heel forward, Fan right toe out,
3&4 Step back right, step left beside right, Step forward right
5-6 Left heel forward, Fan left toe out making a ¼ Turn
7&8 Step back left, Step right beside left, Step forward left
- 2 SHUFFLE FOWARD RIGHT LEFT, FWD ROCK, FULL TURN RIGHT**
1&2 Step forward right, Close left beside right, Step forward right
3&4 Step forward left, Close right beside left, Step forward left
5-6 Rock forward right, recover left
7&8 Full turn right stepping right left right
- 3 SIDE TOGETHER, SIDE SHUFFLE, CROSS ROCK, ¼ SHUFFLE**
1-2 Step left to left side, Step right beside left
3&4 Step left to left side, Step right beside left, Step left to left side
5-6 Cross rock right over left, recover left
7&8 ¼ Turn right stepping right left right
- 4 HEEL SWITCHES, SIDE SWITCHES WITH CLAPS**
1&2 Step left heel forward, switch right heel forward
3&4 Switch left heel forward, Clap 2 times
5&6 Point right to right side, point left to left side
7&8 Point right to right side, Clap 2 times
- 5 SAILOR STEPS X 2, TOUCH, UNWIND, FORWARD SHUFFLE**
1&2 Cross right behind left, Step left to left side, Step right to right side
3&4 Cross left behind right, Step right to right side, Step left to left side
5-6 Touch right toe behind left, Unwind ½ turn right(weight on right)
7&8 Step forward left, Close right beside, Step forward left
- 6 STEP PIVOT ¼, CROSS SHUFFLE, SIDE ROCK, ¾ TURN LEFT**
1-2 Step forward right, Pivot ¼ left
3&4 Cross right over left, Step left to left side, Cross right over left
5-6 Rock left, Recover right
7&8 ¾ Turn shuffle, turning left stepping left right left
- 7 FORWARD SHUFFLES LEFT AND RIGHT, FWD ROCK, ½ SHUFFLE**
1&2 Step forward right, Step left beside right, Step forward right
3&4 Step forward left, Step right beside left, Step forward left
5-6 Forward rock right, recover left
7&8 ½ Turn shuffle right
- 8 FORWARD ROCK, ½ TURN SHUFFLE, MONTEREY ¼**
1-2 Forward rock left, Recover right
3&4 ½ Turn shuffle left
5 Touch right toe to right side
6 On ball of left make ¼ turn right, Stepping right beside left
7-8 Touch left to left side, Step left beside right
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