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A Little Love Social Cha

32 Count, 4 Wall, Beginner

Choreographer: Lisa McCammon (USA) Sept 2015
Choreographed to: Put A Little Love In Your Heart by
Dolly Parton* (102 BPM)

8 count intro

Alternate music: Wasted Days And Wasted Nights by Scooter Lee, 108 BPM (evenly phrased)

Clockwise rotation; start weight on left

CHOREOGRAPHER'S NOTE: This is a teaching dance with consistent rhythm in each set to introduce triple step weight changes and combinations to students above the AB level.

There are 8 pages of 32 count beginner level social cha-chas on Kickit, so it's likely that this combination has been written already.

- [1-8] SIDE ROCK, RECOVER, TRIPLE IN PLACE, SIDE ROCK, RECOVER, TRIPLE IN PLACE**
1-2 Rock R side right, recover weight to L
3&4 Step in place RLR
5-6 Rock L side left, recover weight to R
7&8 Step in place LRL
- [9-16] FORWARD ROCK, RECOVER, TRIPLE IN PLACE, FORWARD ROCK, RECOVER TRIPLE IN PLACE**
1-2 Rock R forward, recover weight to L
3&4 Step in place RLR
5-6 Rock L FORWARD, recover weight to R
7&8 Step in place LRL
- [17-24] ROCK FORWARD, RECOVER, TRIPLE BACK, ROCK BACK, RECOVER, TRIPLE FORWARD**
1-2 Rock R forward, recover weight to L
3&4 Step back R, close L, step back R
5-6 Rock L back, recover weight to R
7&8 Step forward L, close R, step forward L
- [25-32] ROCK FORWARD, RECOVER, COASTER STEP, STEP, TURN RIGHT ¼, CROSS-&-CROSS**
1-2 Rock forward R, recover weight to L
3&4 Step back R, close L, step forward R
5-6 Step forward L, turn right ¼ [3]
7&8 Cross step L, step R side right, cross step L

*To stay on phrase, dancers have two options to accommodate the additional 8 beats of the music (it's very easy to hear).

This will occur after the 4th repetition, facing the front wall.

Option 1, RESTART

Start your 5th repetition at the front wall then RESTART after 8 counts.

Option 2, TAG (This teaches another triple step combination and occurs facing the front so students can see.)

- 1-2 Rock R side right, recover weight to L
3&4 Step R behind, step side L, cross step R
5-6 Rock L side left, recover weight to R
7&8 Step L behind, step side R, cross step L