

## Up & Down

64 Count, 4 Wall, Beginner

Choreographer: Maria & Kevin Smith (USA) June 2014

Choreographed to: Up And Down by Wade Hayes,

Album: Highways and Heartaches

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Start on vocals

**1 STRUTS X 2, COASTER, HOLD**

1,2,3,4 R heel fwd, drop toe, L heel fwd, drop toe,

5,6,7,8 Step back R, step L tog, step fwd R ( slow coaster), hold

**2 LOCK FWD, PIVOT ½ TURN, STEP, HOLD**

1,2,3,4 Step fwd L, lock R behind L, fwd L, hold

5,6,7,8 Step fwd R, pivot ½ turn left, step fwd R, hold

**3 VINE LEFT,VINE RIGHT, ¼ TURN R SCUFF L**

1,2,3,4 Step side L, step R behind L, step side L, touch R next to L

5,6,7,8 Step side R, step L behind R, ¼ turn R onto R, scuff L through

**4 STRUTS X 2, COASTER, HOLD**

1,2,3,4 L heel fwd, drop toe, R heel fwd, drop toe,

5,6,7,8 Step back L, R tog, step fwd L ( slow coaster), hold

**5 LOCK FWD, PIVOT ½ TURN, STEP, HOLD**

1,2,3,4 Step fwd R, lock L behind R, step fwd R, hold

5,6,7,8 Step fwd L, pivot ½ turn R, step fwd L, hold

**6 VINE RIGHT, VINE LEFT, ¼ TURN L, SCUFF R**

1,2,3,4 Step side R, step L behind R, step side R, touch L next to R

5,6,7,8 Step side L, step R behind L, ¼ turn L onto L, scuff R through

**7 CHARLESTON,**

1,2,3,4 Touch R toe fwd, hold, Swing toe back step back, hold

5,6,7,8 Touch L toe back, hold, swing L toe fwd step down, hold

**8 CHARLESTON WITH ¼ TURN**

1,2,3,4 ¼ turn left touch R toe fwd, hold, swing R toe back step back, hold

5,6,7,8 Touch L toe back, hold, swing L toe fwd step down, hold

**TAG:** 4 count tag end wall 2 at back, do an extra Charleston

**Finish dance:** To front after first 8 counts.