

## Hold My Beer

40 Count, 2 Wall, Improver

Choreographer: Karl-Harry Winson (UK)

January 2011

Choreographed to: Hold my Beer by Trace Adkins,  
Cowboy's Back In Town (108 bpm)

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Intro: 32 Counts (Start on Main vocals)

**Forward Rock. Back Lock-Step. Back Rock. Shuffle 1/2 turn.**

- 1 – 2 Rock Right forward. Recover weight back on the Left.  
3&4 Step Right back. Lock Left in front of Right. Step Right back.  
5 – 6 Rock Left back. Recover weight forward onto Right.  
7&8 Shuffle 1/2 turn Right stepping: Left, Right, Left. (6.00)

**Side Rock. Cross Shuffle. Side Rock. Syncopated Weave.**

- 1 – 2 Rock Right out to Right side. Recover weight onto Left.  
3&4 Cross Right over Left. Step Left to Left side. Cross Right over Left.  
5 – 6 Rock Left to Left side. Recover weight onto Right.  
7 & Cross Left over Right. Step Right to Right side.  
8 & Cross Left behind Right. Step Right to Right side.

*\*Restart here on Wall 3 (Replace counts 7&8 with a Left forward Shuffle)*

**Cross Rock. Chasse 1/4 turn. Shuffle 1/2 turn. Coaster Step.**

- 1 – 2 Cross Rock Left over Right. Recover weight back onto Right.  
3&4 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping Left forward.  
5&6 Shuffle 1/2 turn Left stepping: Right, Left, Right.  
7&8 Step back on Left. Step Right beside Left. Step forward on Left.

**Side-Close. Forward Shuffle. Hip Sways with Hitch. Chasse 1/4 turn Left.**

- 1 – 2 Step Right to Right side. Close Left beside Right.  
3&4 Step Right forward. Close Left beside Right. Step Right forward.  
5 – 6 Step Left to Left side swaying hips Left. Sway hips Right – Hitching Left knee slightly next to Right.  
7&8 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping Left forward.

**Step. 1/2 turn Hook. Forward Shuffle. Step. 1/2 turn Hook. Forward Shuffle.**

- 1 – 2 Step Right forward. Make 1/2 turn Left – Hooking Left foot across Right.  
3&4 Step Left forward. Step Right beside Left. Step Left forward.  
5 – 6 Step Right forward. Make 1/2 turn Left – Hooking Left foot across Right.  
7&8 Step Left forward. Step Right beside Left. Step Left forward.

**Restart:** During wall 3 after Section 2.

Replace counts 7&8& (Syncopated Weave) with a Left shuffle forward.

Enjoy!

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Music download available from [amazon.co.uk](http://amazon.co.uk)

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