

Nice & Easy

32 count, 4 wall, beginner/intermediate level
Choreographer: Patricia E. Stott (UK) Sept 2004
Choreographed to: Nice & Easy by Frank Sinatra;
Tribute To The Crooners by Des O'Connor; Come Fly
With Me by Michael Buble

Start on vocals

Side strut, cross strut, rock to side, recover, behind, side, cross

- 1 - 2 Step right toe to right, lower heel
- 3 - 4 Cross left over right, lower heel
- 5 - 6 Rock right to right, recover on left
- 7 & 8 Cross right behind left, step left to left, cross right over left

Side strut, cross strut, rock to side, recover, behind, ¼ turn, forward

- 9 - 10 Step left toe to left, lower heel
- 11 - 12 Cross right over left, lower heel
- 13 - 14 Rock left to left, recover on right
- 15 & 16 Step left behind right, turn ¼ right and step forward on right, step forward on left

Step forward, ½ pivot, ½ turn stepping back, kick, long step diagonally back, slow drag, ball, forward, side

- 17 - 18 Step forward on right, pivot ½ turn to left transferring weight to left
- 19 - 20 Turn ½ to left stepping back on right, kick left forward
- 21 - 22 Take a long step diagonally back, drag right toe towards left
- & 23 Step slightly back on ball of right, step forward on left,
- 24 Step right to right

Sailor step, sailor step, cross left behind right, unwind ¾ to left, twist ¼ right

- 25 & 26 Cross left behind right, step right slightly to right, step left to left
- 27 & 28 Cross right behind left, step left slightly to left, step right to right
- 29 - 31 Cross left behind right, slowly unwind ¾ to left
- 32 Twist both feet ¼ to right (weight ends on left)

Please note : the turn and twist on steps 29 – 32 should be danced smoothly

Choreographer's Note:

Please dance this nice and relaxed so the steps just flow into each other, hence the name "Nice and Easy". Hope you enjoy dancing this dance and of course ... singing along!!
