

Walkin' Blues (aka Dune A Whop)

48 Count, 2 Wall, Intermediate, WCS

Choreographer: Jill Babinec and Debi Pancoast (USA)
Sept 2011Choreographed to: Walkin' Blues by Melinda Doolittle,
CD: Coming Back To You

Intro: 48 count intro, to start when beat really kicks in at "Lord, I feel like..."

- 1 – 8 "Pelvis Rock", Recover, Syncopated Weave, Press Fwd, Recover/Sweep, ¼ Sailor Step**
1,2 Push R pelvis forward rocking forward on R; Recover weight back on L opening slightly to left
3&4 Turn ¼ left to face 9:00 stepping R behind L; Step side L; Step R across L
5,6 Press forward and slightly across on ball of L; Recover back on R and release L into sweep from front to back with ¼ turn L
7&8 Finish ¼ turning sweep to face 6:00 stepping L behind R; Small step side R; Slight step forward L
- 9 – 16 Lady's Basic: Walk, Walk, Forward Anchor-Back, Ball-Change-Heel, Ball-Walk, Walk**
1,2 Walk forward R, L
3&4 Small rock forward R; Recover weight back on L; Large step back R as you slightly drag L to R
5&6 Small step back L; Step R next to L; Touch L heel forward
&7,8 Step together on ball of L; Walk forward R, L
- 17-24 ½ Turning Hip Bumps/Roll (R, L, R, L, R, L), Mambo Step**
1,2 Step forward R pushing hips forward; Push hips back taking weight on L
3,4 Turn ¼ left to face 3:00 while you push hips side right taking weight on R;
Push hips side left taking weight on L
5-6 Turn ¼ left to face 12:00 while you push hips back taking weight on R;
Push hips forward taking weight on L
Option - Substitute a forward hip roll by "sitting" back into the R foot on 5,
and roll hips forward and up to take weight on the L on 6
7&8 Rock forward R; Recover weight back on L; Step together or slightly back R
- 25-32 Rock & Hitch, Shorty George (or Run-Run-Run), Mambo Step, Coaster**
1&2 Rock forward L; Recover back on R; Hitch L bringing L hip and knee up with toe pointed down
3&4 Shorty George: Step forward L bending knees slightly and pushing knees to the left;
Step forward R bending knees slightly and pushing knees to the right;
Step forward L straightening up a bit
Option: 3 small low running steps forward L, R, L
5&6 Rock forward R; Recover weight back on L; Step together or slightly back R
7&8 Step back L; Step R next to L; Step forward L
- 33-40 Walk, Walk, English Cross, Step, Sweep, Cross, Rock-Recover-Cross**
1,2 Walk forward R, L
&3,4 Small step forward on ball of R angling slightly left; Step L across R still angled slightly left;
Step forward R squaring up to 12:00
5,6 Sweep L from back to front as you turn ½ right to face 6:00; Step L across R
7&8 Rock side R; Recover weight to L; Step R across L
- 41-48 Rock-Recover-Prep, Reverse Triple Turn (or Side Triple Step), Samba Cross-Side-Step, "Roly Poly Jazz Box"**
1&2 Rock side L; Recover weight to R; Step L across R
3&4 Turn ¼ left to face 3:00 stepping back R; Turn ½ left to face 9:00 stepping forward L;
Turn just shy of ¼ left to face 7:00 stepping side R
Option – Triple step side R: Step side R, Step L next to R, Step side R
5&6 Step L across R; Rock side R; Recover weight on L
7&8& Roll hips counter-clockwise through these counts while you step R across L; Step back L;
Step side R; Step forward L
Note: The momentum of your hips from this full circle hip roll should segue nicely into the "Pelvis Rock" at the beginning of the dance.
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