

Learn To Turn

64 count, 1 Wall, Beginner

Choreographer: Lisa McCammon (USA) Aug 2015

Choreographed to: Keep Movin' On by Sam Cooke
(112bpm)

Alternative music:

Feedback by Janet Jackson (116bpm)

Just One Look by Doris Troy (120bpm)

Make Her Fall In Love With Me Song by George Strait (124bpm)

Ac-Cent-Chu-Ate The Positive by Willie Nelson (140bpm)

Choreographer's note: This dance was written to teach and practice 2-count inside turns. The turns rotate to the left in the first 32 counts. The pattern then repeats but in mirror image, starting with a left toe strut with turns rotating to the right, ending at the front wall. However, the dance can be modified easily to make it 32 counts and 4 walls; see explanation below.

[1-8] TOE STRUTS R, L, STEP, TURN LEFT 1/8, STEP, TURN LEFT 1/8
1-4 Place R toes slightly forward, drop heel, taking weight onto R; repeat with L
5-8 Step forward R, turn left 1/8, transferring weight to L; repeat, ending squared to
[9], weight on L

[9-16] TOE STRUTS R, L, STEP, TURN LEFT 1/4, STEP, TURN LEFT 1/4
1-4 Place R toes slightly forward, drop heel, taking weight onto R; repeat with L
5-8 Step forward R, turn left 1/4 [6], transferring weight to L; repeat, ending at [3],
weight on L

[17-24] TOE STRUTS R, L, ROCKING CHAIR
1-4 Place R toes slightly forward, drop heel, taking weight onto R; repeat with L
5-8 Rock forward onto R, replace weight onto L, rock back onto R, replace weight
onto L

**[25-32] R TOE STRUT, L TOE STRUT, STEP FORWARD R, TURN LEFT 1/2, STEP,
SCUFF**
1-4 Place R toes slightly forward, drop heel, taking weight onto R; repeat with L
5-8 Step forward onto R, turn left 1/2 [9] taking weight onto L, step forward onto R,
scuff L heel

**[33-64] MIRROR PATTERN, STARTING WITH A LEFT TOE STRUT AND ENDING
FACING [12]**

***NOTE:** To make this a 32 count, 4 wall dance, substitute walk R, L for 7-8 in the last set, ending with weight on the L. Choose a slower track to reduce the dizzy factor which may result from turning left continuously, and fade the music as soon as students understand the concept and movement. You may find that most students are more comfortable turning left, but since line dances include right turns, the sooner they learn, the better. Try starting the dance with a left toe strut and go right first and see if it makes any difference.