

SWAY LEFT, RIGHT, TRIPLE STEP, SWAY RIGHT, LEFT, TRIPLE STEP

- 1,2,3 & 4 Step left to left side, rock onto right (with sway),triple step left-right-left
1,2,3 & 4 Step right to right side, rock onto left (with sway),triple step right-left-right

FULL TURN FORWARD STEPPING LEFT, RIGHT, SHUFFLE LEFT, FULL TURN FORWARD STEPPING RIGHT, LEFT, SHUFFLE RIGHT

- 1,2,3 & 4 Traveling forward turn full turn left stepping left, right, shuffle forward left-right-left
1,2,3 & 4 Traveling forward turn full turn right stepping right, left, shuffle forward right-left-right

SLIDE BACK LEFT, RIGHT, COASTER STEP LEFT

- 1,2,3 & 4 Slide large step back on left, slide large step back on right, coaster step; left foot back, step right foot beside, step forward on left

ROCK RIGHT, LEFT, CROSS SHUFFLE, ROCK LEFT, RIGHT, 1/4 TURN CROSS SHUFFLE

- 1,2,3 & 4 Step right foot to right side, rock onto left, travel left-cross shuffle right-left-right
1,2,3 & 4 Step left foot to left side, rock back onto right turning 1/4 turn left, cross shuffle back left-right-left

TRAVELING RIGHT, STEP SIDE, BEHIND, FULL TURN, 1/4 TURN TRIPLE STEP

- 1 - 4,5 & 6 Step right to side, step left behind, turning full turn right, step right-left turning a further 1/4 turn right triple step right-left-right

TRAVELING LEFT, STEP SIDE, BEHIND, FULL TURN, 1/4 TURN TRIPLE STEP

- 1 - 4,5 & 6 Step left to side, step right behind, turning full turn left, step left-right turning a further 1/4 turn left triple step left-right-left

ROCK RIGHT, LEFT, CROSS SHUFFLE, 1/2 TURN LEFT, CROSS SHUFFLE, 1/2 TURN RIGHT, CROSS SHUFFLE

- 1,2,3 & 4 Step right to right, rock onto left, travel left-cross step right-left-right
5 & 6 Turning 1/2 turn left cross shuffle left-right-left
7 & 8 Turning 1/2 turn right cross shuffle right-left-right

TWIST RIGHT TURNING 1/2 TURN LEFT, TWIST LEFT TURNING 1/4 TURN RIGHT, COASTER STEP

- 1,2,3 & 4 Twist both heels to right turning 1/2 turn left, twist both heels to left turning 1/4 turn right, step right foot back, step left foot beside right, step right foot forward

SHUFFLE FORWARD LEFT, PIVOT 1/2 TURN LEFT, CHA-CHA FORWARD RIGHT-LEFT-RIGHT, THEN LEFT-RIGHT-LEFT

- 1 & 2,3,4 Shuffle forward left-right-left, step forward right, pivot 1/2 turn left
1 & 2,3 & 4 Cha-cha forward right-left-right, cha-cha forward left-right-left

ROCK RIGHT, LEFT, HINGE 1/2 TURN RIGHT TRIPLE STEP RIGHT-LEFT-RIGHT

- 1,2,3 & 4 Step right to right, rock onto left, hinge turn 1/2 turn right stepping right-left-right

REPEAT