

No Limits!

32 Count, 4 Wall, Improver

Choreographer: Tim Gauci (Australia) Feb 2014

Choreographed to: Everything Is Allowed by Timomatic
(iTunes)

1-8 FWD, ROCK, COASTER STEP, HEEL, TOG, HEEL, TOG, CROSS, SIDE

123&4 Step L fwd, rock weight back onto R, step L back, step R tog (&), step L fwd

5&6&7&8 Touch R heel fwd, step R tog (&), touch L heel fwd, step L tog (&), cross R over L, step L to L

9-16 SAILOR STEP, BEHIND, SWEEP, BEHIND, SIDE, CROSS, SIDE, ROCK

1&234 Step R behind L, step L to L (&), step R slightly to R side, step L behind R, sweep R around
(front to back)

5&678 Step R behind L, step L to L (&), step cross R over L, step L to L, rock weight onto R **R

17-24 CROSS SHUFFLE, ¼, ½, FWD, ROCK, 1½ TURN

1&234 Cross shuffle L over R, making ¼ turn L step R back, making ½ turn L step L fwd

567&8 Step R fwd, rock weight back onto L, making 1 ½ turn R step RLR (or ½ turn shuffle R)

25-32 FWD, ROCK, TOG, BACK, BACK, COASTER STEP, HEEL BALL STEP

12&34 Step L fwd, rock weight back onto R, step L tog (&), step R back, step L back

5&67&8 Step R back, step L tog (&), step R fwd, touch L heel fwd, step L tog (&), step R fwd

****Restarts:** On walls 5 and 10 (both facing front) – dance up to beat 16 and Restart dance again from beginning.