

SYNCOATED BOOGIE WALK FORWARD

- 1 & 2 (With weight on left foot) Cross touch right toe over left foot with heel of right foot to left side, keeping foot position shift right heel straight back, keeping foot position shift right heel to left side and step down
- 3 - 4 Cross touch left toe over right foot with heel of left foot to right side/snap fingers, keeping foot position step down on left foot and clap hands
- 5 & 6 Cross touch right toe over left foot with heel of right foot to left side, keeping foot position shift right heel straight back, keeping foot position shift right heel to left side and step down
- 7 - 8 Cross touch left toe over right foot with heel of left foot to right side/snap fingers, keeping foot position step down on left foot and clap hands

CROSS STEPS BACK, 3/4 UNWIND, HIP/BODY ROLL

- 9 - 10 Keeping feet crossed, step right foot straight back, step left foot straight back (right of right foot)
- 11 - 12 Keeping feet crossed, step right foot straight back, step left foot straight back (right of right foot)
- 13 - 14 On balls of both feet unwind legs 3/4 to the right (weight to left foot)
- 15 - 16 In two counts circle hips back-right-forward-left maintaining foot position and shifting weight to left foot

/Variation

- 15 & 16 Forward and back body roll

SHUFFLE STEPS WITH 1/2 TURN

- 17 & 18 Shuffle forward (right-left-right.)
- 19 & 20 Shuffle forward (left-right-left.)
- 21 - 22 Step right foot to right side prepping heel to the right, pivot on ball of right foot 1/2 to the left stepping left foot slightly to left side
- 23 & 24 Shuffle forward (right-left-right.)

BOOGIE WALK FORWARD, WALK BACK, HEEL FLICK

/Ladies may like to place hands on hips through these steps. Guys do the best you can.

- 25 Turning body slightly right, cross step left foot over right foot
- 26 Turning body slightly left, cross step right foot over left foot
- 27 Turning body slightly right, cross step left foot over right foot
- 28 Turning body slightly left, cross step right foot over left foot
- 29 - 31 Walk backward (with a little attitude) left, right, left
- 32 Shift right knee in front of left knee at same time flick right heel back diagonal right

/Variation

- 32 Simply stomp right foot next to left foot (no weight)

REPEAT