

And I Rumba

80 Count, 2 Wall, Intermediate

Choreographer: William Sevone (UK) October 2009

Choreographed to: And I Love Her by The Beatles
(118bpm) CD: A Hard Days Night

Dance starts on vocals with a hip push to the left or at the word 'Give'

Side. Hold. Together. Cross. Side Hip Push. Hold. 2x Hip Push (12:00)

- 1 - 4 Step right to right side. Hold. Step left next to right. Cross right over left.
5 - 8 Stepping left to left side & push hips left. Hold. Push hips right. Push hips left.

Rock. Hold. Recover. Side. Rock. Hold. Recover. Cross (12:00)

- 9 - 12 Rock right behind left. Hold. Recover onto left. Step right to right side.
13 - 16 Rock onto left. Hold. Recover onto right. Cross left over right.

2x 1/4 Back-Hold-Together-Forward (6:00)

- 17 - 20 Turn 1/4 left & step backward onto right (9). Hold. Step left next to right heel.
Step forward onto right.
21 - 24 Turn 1/4 left & step backward onto left (6). Hold. Step right next to left heel.
Step forward onto left.

2x 1/4 Back-Hold-Together-Forward (12:00)

- 25 - 28 Turn 1/4 left & step backward onto right (3). Hold. Step left next to right heel.
Step forward onto right.
29 - 32 Turn 1/4 left & step backward onto left (12). Hold. Step right next to left heel.
Step forward onto left.

Restart: Short 2nd Wall - start wall 3 (facing 6:00) from this point.**2x 1/4 Side-Hold-3/4 Together-Fwd (12:00)**

- 33 - 36 Turn 1/4 left & step right to right side (9). Hold. Turn 3/4 left & step left next to right.
Step forward onto right (12).
37 - 40 Turn 1/4 right & step left to left side (3). Hold. Turn 3/4 right & step right next to left.
Step forward onto left (12).

1/4 Side. Hold. Behind. 1/4 Fwd. Rock. Hold. Recover. Back (12:00)

- 41 - 44 Turn 1/4 left & step right to right side (9). Hold. Step left behind right.
Turn 1/4 right & step forward onto right (12).
45 - 48 Rock forward onto left. Hold. Recover onto right. Step backward onto left.

2x Back-Hold-Cross-Back - see note (12:00)

- 49 - 52 Moving backward toward 6:00 – but with body turned diagonal right:
Step backward onto right. Hold. Cross left over right. Step backward onto right.
53 - 56 Moving backward toward 6:00 – but with body turned diagonal left:
Step backward onto left. Hold. Cross right over left. Step backward onto left.

Back-Hold-Cross-Back – see note. 1/2 Forward. Hold. Side. Together (6:00)

- 57 - 60 Moving backward toward 6:00 – but with body turned diagonal right:
Step backward onto right. Hold. Cross left over right. Step backward onto right.
61 - 64 Turn 1/2 left & step forward onto left (6). Hold. Step right to right side. Step left next to right.

Rumba Box (6:00)

- 65 - 68 Step forward onto right. Hold. Step left to left side, step right next to left.
69 - 72 Step backward onto left. Hold. Step right to right side, step left next to right.

Rumba Box (6:00)

- 73 - 76 Step forward onto right. Hold. Step left to left side, step right next to left.
77 - 80 Step backward onto left. Hold. Step right to right side, step left next to right.

Finish facing Home/front wall:

- 63 Step forward onto right.
64 64-Pivot 1/2 left (transferring weight to left & touching right next to left)

