

La Bella Mama (The Beautiful Mother)

64 Count, 4 Wall, Intermediate, Rumba

Choreographer: Sebastiaan Holtland, (NL) Aug 2011

Choreographed to: Angelo Vero by Orchestra Mario

Riccardi, Album: Casa e Chiesa

Start the dance on the vocals after 32 counts intro (16 Sec)

1-8 Side Step, Draw, 1/4 Turn L, Fwd, Draw, Side Step, Draw, 1/4 Turn L, Fwd, Draw

- 1-2 Step Rf to the right, draw Lf next to Rf holding weight onto Rf (12:00)
3-4 Turn 1/4 left (9) step Lf forward, draw Rf next to Lf holding weight onto Lf
5-6 Step Rf to the right, draw Lf next to Rf holding weight onto Rf
7-8 Turn 1/4 left (6) step Lf forward, draw Rf next to Lf holding weight onto Lf (6:00)

9-16 Scissor Step, Hold, 1/4 Turn R, Back Rock, Recover, 1/4 Turn R, Back Rock, Recover

- 1-4 Step Rf to the right, step Lf beside Rf, cross Rf over Lf weight onto Rf, Hold
5-6 Turn 1/4 right (9) rock Lf back, recover on Rf
7-8 Turn 1/4 right (12) rock Lf back, recover on Rf

17-24 Rumba Walk Fwd L-R-L, 1/2 Turn L, Back, Back, Hold

- 1-2 Walk Lf forward, Hold (12:00)
3-4 Walk Rf forward, Hold
5-6 Walk Lf forward, turn 1/2 left (6) step Rf back weight onto Rf
7-8 Step Lf back, Hold (weight onto Lf) (6:00)

25-32 Back Rock, Recover, 1/2 Turn L, Back, Hold, Back Rock, Recover, 1/4 Turn R, Side, Hold

- 1-2 Rock Rf back, recover on Lf (6:00)
3-4 Turn 1/2 left (12) step Rf back, Hold (weight onto Rf)
5-6 Rock Lf back, recover on Rf
7-8 Turn 1/4 right (3) step Lf to the left, Hold (weight onto Lf)

****Tag** and **Restart******Tag** Here WALL 3 / 7 after 32 count (Facing 9 o'clock)**Restart** Here WALL 4 after 32 count (Facing 12 o'clock)**33-40 Half Rumba Box, Hold, Walks Back L-R-L, Hold**

- 1-2 Step Rf to the right, step Lf next to Rf (3:00)
3-4 Step Rf forward, Hold (weight onto Rf)
5-6 Walk Lf back, walk Rf back
7-8 Walk Lf back, Hold (weight onto Lf) (3:00)

41-48 Half Rumba Box, Hold, L Chasse 1/4 Turn L, Hold

- 1-2 Step Rf to the right, step Lf next to Rf (3)
3-4 Step Rf forward, Hold (weight onto Rf)
5-7 Step Lf to the left, step Rf next to Lf, turn 1/4 left (12) step Lf forward weight onto Lf
8 Hold (weight onto Lf) (12:00)

49-56 Cross, 1/4 Swivel R, Cross, Hitch, Cross, 1/4 Turn R, Back, Side, Hold

- 1-2 Cross Rf over Lf, swivel 1/4 right (3) keeping feet together holding weight onto Rf
3-4 Cross Lf over Rf, hitch R knee up holding weight onto Lf
5-6 Cross Rf over Lf, turn 1/4 right (6) step back on Lf weight onto Lf
7-8 Step Rf to the right, Hold (weight onto Rf) (6:00)

57-64 Fwd, Sweep, Cross Rock, Recover, Side, Hold, 1/4 Turn L, Replace, Hold

- 1-2 Step Lf forward, sweep Rf from back to front holding weight onto Lf (6)
3-4 Cross rock Rf forward, recover on Lf
5-6 Step Rf to the right, Hold (weight onto Rf)
7-8 Turn 1/4 left (3) step Lf in place, HOLD take weight onto Lf

TAG: Hip Bumps R-L-R-L

- 1-2 Step Rf to the right bump hips to right, bump hips to left
3-4 Bump hips to right, bump hips to left weight onto Lf

Start Again and Have Fun!