

Easy Sunday

32 Count, 4 Wall, Intermediate, NC2S

Choreographer: John Rowell (UK) Sep 08

Choreographed to: Easy by The Commodores (67 bpm)

Intro: 16 counts / 14 seconds – Just before vocals

**1-9 Step Right-Back Rock-Recover, Step Left-Cross Behind.
Sweep Behind-Side-Front, Rock-Recover-Quarter-Cross.**

- 1-2& Step right to right, rock back on left, & recover on left.
3-4& Step left to left, cross right behind left, & sweep left from front to back.
5&6 Cross left behind right, & step right to right, 6step left forward.
7-8 Rock forward on right, recover on left.
&1 & Turn quarter right stepping right to right, cross left over right.

**10-16 Step Right-Back Rock-Recover-Quarter, Cross-Unwind Three Quarters,
Sweep Behind-Side-Front.**

- 2-3 Step right to right, rock back on left.
&4 &Recover on right, turn quarter left, stepping forward on left.
5-6& Cross right over left, unwind three quarter turn left & sweep left from front to back.
7&8 Cross left behind right, & step right to right, cross left in front of right.

**17-25 Step-Pivot Three Quarters, Side-Behind-Side, Cross.
Right Coaster Cross, Three Step Turn Left.**

- 1-2 Step forward right, pivot three quarter turn left.
3&4-5 Step right to right, & cross left behind left, step right to right, Cross left over right.
6&7 Step back right, & step left next to right, cross right over left.
8& Turn quarter left stepping left forward, & turn half left stepping back on right.
1 Turn quarter left stepping left to left side.

**26-32 Back Rock-Recover-Quarter, Step-Half Pivot-Half Turn.
Back-Lock-Step, Step To Left.**

- 2&3 Rock back on right, & recover on left, turn quarter right stepping right forward.
4& Step forward left, & pivot half turn right.
5 On ball of right pivot half turn right stepping back on left.
6&7 Step right back on right diagonal, & lock left over right, step right back on right diagonal.
8 Step left to left.

Tag #1 End of wall 1 [facing 9]

Tag #2 End of wall 3 [facing 3]

Tag #3 End of wall 5 [facing 9]

Tag 1 & 2

- 1-2& Step right to right, cross rock left in front of right, & recover on right.
3-4& Step left to left, cross rock right in front of left, & recover on left.

Tag 3

- 1-2 Cross right over left, step left to left.

Music download available from iTunes and Napster