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Restless-line

48 count, 4 wall, Beginner/Intermediate level

Choreographer : Irene Hawkins (UK)

June 2001

Choreographed to : Restless by Bob McKinlay
(112 bpm)

16 count intro

ROCK. SHUFFLE. ROCK. SHUFFLE SIDE CROSS. SIDE CROSS ¼ SHUFFLE

1.2.3 & 4 Rock forward on Right. Rock back on Left. Right shuffle back.
5.6.7 & 8 Rock back on Left. Rock forward on Right. Left shuffle forward.
9.10.11 Right foot step to Rt. Side. Left foot cross in front. Right foot step
12.13 & 14 to Rt. Side. Left foot Cross in front. 1/4 Turn Right. Right shuffle.

ROCKS. SHUFFLES & SAILORS LEFT & RIGHT

15.16 Rock forward on Left. Rock back on Right.
17&18.19&20 Left shuffle back. Right shuffle back.
21 & 22 Left foot behind Right, Right foot to Rt. Side, Left foot slightly to Left side.
23 & 24 Right foot behind Left, Left foot to Lt. Side, Right foot slightly to Rt. Side.

ROCKS & SHUFFLES

25.26.27&28 Rock forward on Left. Rock back on Right. Left shuffle back.
29.30.31&32 Rock back on Right. Rock forward on Left. Right shuffle forward.

¼ PIVOT TURN X 4 TO RIGHT.

33 – 36 Left foot step forward ¼ pivot turn to Right. Left foot step fwd. 1/4 pivot turn Right
37 – 40 Left foot step forward ¼ pivot turn to Right. Left foot step fwd. 1/4 pivot turn Right.

LEFT SAILOR. RIGHT SAILOR. KICK KICK. TRIPLE

41&42 Left foot behind Right, Right foot to Rt. Side, Left foot slightly to Left side.
43&44 Right foot behind left, Left foot to Left side, Right foot slightly to Right side.
45.46.47&48 Kick Left foot twice. Triple Left. Right. Left in place.

START AGAIN

Choreographers note: As there is a partner dance to this piece of music, I thought it would be nice to do a line as well.