



Track: 3:04m

STEP KICKS, RIGHT, LEFT, RIGHT, LEFT

- 1-2 Step RF right, Kick LF forward
- 3-4 Step LF left, Kick RF forward
- 5-6 Step RF right, Kick LF forward
- 7-8 Step LF left, Kick RF forward

WALK, WALK, KICK-BALL-CHANGE, STEP-TOUCH 1/4 PIVOT RIGHT, STEP TOUCH

- 1-2 Step RF forward, Step LF forward
- 3&4 Right kick-ball-change
- 5-6 Step RF forward 1/4 Pivot R, Touch LF beside
- 7-8 Step LF left, Touch RF beside

WALK, WALK, KICK-BALL-CHANGE, STEP-TOUCH 1/4 PIVOT RIGHT, STEP TOUCH

- 1-2 Step RF forward, Step LF forward
- 3&4 Right kick-ball-change
- 5-6 Step RF forward 1/4 Pivot R, Touch LF beside
- 7-8 Step LF left, Touch RF beside

SIDE STEPS TO THE RIGHT, SIDE STEPS TO THE LEFT

- 1-2 Step RF to right, Step LF together with right
- 3-4 Step RF to right, Step LF together with right
- 5-6 Step LF to left, Step RF together with left
- 7-8 Step LF to left, Step RF together with left

REPEAT

If performing this for entertainment purposes, you might add in some arm movements that hold a colourful beach ball.