

Life

32 Count, 4 Wall, Intermediate

Choreographer: Yvonne Anderson (Scotland) July 10

Choreographed to: Life by Phil Vassar,

CD: Travelling Circus (93 bpm)

Start on main vocal (32 count intro from the word 'Life').

1-8 Walk R L, Step 1/2 Pivot Step, Triple Turn Forward, Step 1/2, Step Back

1-2 Walk forward stepping R, L [12]

3&4 Step R forward, (&) Make a half turn left taking weight on L, Step R forward [6]

5&6 Make a full turn right (travels forward) stepping L, R, L [6]

Easier option counts 5&6 shuffle forward stepping L, R, L

7-8 Make 1/2 turn left stepping R back, Step L back [12]

9-16 Sailor Heel, Ball Cross, Unwind 3/4, Coaster Step, Shuffle Forward

1&2 Step R behind left, (&) Step L to left, Touch R heel forward to right diagonal [1.30]

&3 (&)Step R beside left, Step L across right [12]

4 Unwind 3/4 turn right, weight on L [9]

5&6 Step R back, (&) Step L beside right, Step R slightly forward [9]

7&8 Shuffle forward stepping L,R,L [9]

17-24 Scuff Hitch 1/4, Sailor Step, Toe Splits Out-In, Out-In-Out

1&2 Scuff R foot forward, & Making a 1/4 turn left hitch R foot, Step down on R [6]

3&4 Step L behind right, Step R to right, Step L to left [6]

5-6 Swivel toes out, toes in, (as you move to the right) [6]

7&8 Swivel toes out, & Toes in, Toes out (as you move to the left) [6]

****RESTART Wall 1 (facing 6 o'clock) Wall 3 (facing 9 o'clock) Wall 4 (facing 3 o'clock)

25-32 Kick-Ball-Touch, Sailor 1/4 Turn, Step 1/2 Turn Step, Shuffle Forward

1&2 Kick R forward, (&) Step ball of R beside left, Touch L to left [6]

3&4 Step L back, (&) Making 1/4 turn left step R beside left, Step L slightly forward [3]

5&6 Step R forward, (&) Make 1/2 turn left taking weight on L, Step R forward [9]

7&8 Shuffle forward stepping L, R, L [9]

Harder option counts 7&8 full triple right turn travels forward

RESTARTS: DURING walls 1, 3 and 4.