

Be Serious

32 count, 4 wall, Beginner/Intermediate level
Choreographer: Karl Cregeen (UK) Dec 1998
Choreographed to: Addicted To Love by Kimber
Clayton; If The Juke Box took Tear Drops by Danni
Leigh; I Wouldn't Put It Past Me by Dwight Yoakam

RIGHT HEEL BALL CROSS X 2. TOE, HEEL, CROSS SHUFFLE

- 1&2 Touch Right Heel Forward diagonally, place ball of Right next to Left and put weight on it, cross left foot over Right (put weight on Left)
3&4 Touch Right Heel Forward diagonally, place ball of Right next to Left and put weight on it, cross left foot over Right (put weight on Left)
Touch Right toe to Left instep, touch Right heel to Left instep
7&8 Cross Right foot over left and shuffle to the Left with legs still crossed Right, Left, Right

LEFT HEEL BALL CROSS X 2. TOE, HEEL, CROSS SHUFFLE

- 9&10 Touch Left Heel Forward diagonally, place ball of Left next to Right and put weight on it, cross Right foot over Left (put weight on Right)
11&12 Touch Left Heel Forward diagonally, place ball of Left next to Right and put weight on it, cross Right foot over Left (put weight on Right)
13-14 Touch Left toe to Right instep, touch Left heel to Right instep
15&16 Cross Left foot over Right and shuffle to the Right with legs still crossed Left, Right, Left

ROCK STEP, 3/4 TURNING SHUFFLE

- 17-18 Step forward Right foot rocking weight on to it, transfer weight back onto Left foot
19&20 Turn ¾ to Right with a turning shuffle Right, Left, Right
21-22 Step forward Left foot rocking weight on to it, transfer weight back onto Right foot
23&24 Turn ½ to Left with a turning shuffle Left, Right, Left

"DWIGHT TOE AND HEEL SWIVELS" TO RIGHT

- 25 Touch Right toe to left instep whilst swivelling Left heel top Right
26 Touch Right heel to Left instep whilst swivelling Left toe to Right
27-32 Repeat step 25-26 three more times (8 counts in all to Right)

RIGHT ROCK STEP, CROSS SHUFFLE TO LEFT

- 33-34 Step Right to Right side rocking weight on to it, recover weight back onto Left
35&36 Cross Right foot over left and shuffle to the Left with legs still crossed Right, Left, Right

LEFT ROCK STEP, CROSS SHUFFLE TO RIGHT

- 37-38 Step Left to Left side rocking weight on to it, recover weight back onto Right
39&40 Cross Left foot over Right and shuffle to the Right with legs still crossed Left, Right, Left

TOE STRUTS BACK ROCK STEPS

- 41-42 Step back with Right Toe, Slap Right Heel down
43-44 Step back with Left Toe, Slap Left Heel down
45-46 Step Back on Right foot, rocking weight onto it, transfer weight back onto Left
47-48 Step forward on Right foot, rocking weight onto it, transfer weight back onto Left

TOE STRUTS BACK ROCK STEP, RONDE 1/2TURN

- 49-50 Step back with Right Toe, Slap Right Heel down
51-52 Step back with Left Toe, Slap Left Heel down
53-54 Step Back on Right foot, rocking weight onto it, transfer weight back onto Left
55-56 Ronde 1/2Turn over Left shoulder ending with weight on Left.
This Ronde step is to complete a 1/2turn with weight on left foot and "sweeping" Right foot out to right and brushing the Right toe on the floor whilst completing the 1/2 turn, ending with Right toe slightly out to Right side.

SYNCOATED HEEL AND TOE TOUCHES, SYNCOATED SPLIT, HIP BUMPS

- &57-58 (&) Step Right next to Left (change weight), (57) take Left heel forward, (58) clap
&59-60 (&) Step Left next to Right (change weight), (59) take Right toe back, (60) clap
&61-62 (&) Step Right to Right (weight even), (61) step Left to Left side slightly, (62) clap
63-64 Hip Bump, Right then Left

N.B. Possible variations for hip bumps: - Standard (Right then Left) / Rotational (grind your hips round in a circle horizontally) / Figure C (swing your hips in a "C" shape vertically) / Nanigo (short sharp thrusts of your hips forward and backwards) or basically wiggle anything you've got!
