



## Heartbreak #1

32 Count, 1 Wall, Improver

Choreographer: Val Saari (CA) Mar 2018

Choreographed to: Heartbreak by Sarah McLachlan

Track: 4:09m

### **CROSS-BEHIND ROCK/SHUFFLE, LEFT & RIGHT/ PIVOT 1/4 LEFT/SHUFFLE**

- 1-2 Cross RF behind LF, Recover LF
- 3&4 Shuffle Right (right-left-right)
- 5-6 Cross LF behind RF, Recover RF Pivot 1/4 L
- 7&8 Shuffle Forward (left-right-left)

### **RF ROCK FWD, LF RECOVER, RF MAMBO BACK, LF ROCK FWD, RF RECOVER, LF MAMBO BACK**

- 1-2 Rock RF forward, Recover LF
- 3&4 Rock RF back, Recover LF, Step RF beside left
- 5-6 Rock LF forward, Recover RF
- 7&8 Rock LF back, Recover RF, Step LF beside right

### **TOE-STRUT JAZZ BOX PIVOT 1/4 RIGHT**

- 1-2 Cross right toe in front of left, drop right heel down
- 3-4 Step back on left toe, drop left heel down
- 5-6 Step 1/4 turn to the right on right toe, drop right heel down
- 7-8 Step left toe forward, drop left heel down

### **JAZZ BOX, OUT, OUT, IN, IN (R,L,R,L)**

- 1-2 Cross RF over left, Step back LF
- 3-4 Step RF right, Step LF beside
- 5-6 Step RF right, Step LF left
- 7-8 Step RF left, Step LF together

### **REPEAT**

**This dance can be done "as is", but for those who would prefer more steps.  
I will also publish #2 which will consist of this PLUS an additional section**