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- DOUBLE RIGHT STOMP, LEFT SCUFF, & RIGHT HITCH/SCOOT, LEFT STOMP, CLAP**
- 1 Stomp right foot forward
2 & Scuff left heel forward, hitch right knee and scoot forward on right
3,4 Stomp left foot forward, clap hands
5 Stomp right foot in place beside left
6 & Scuff left heel forward, hitch right knee and scoot forward on right
6 Stomp left foot forward
& 8 Clap hands twice
- RIGHT STEP, 1/2 PIVOT LEFT, FULL TURN FORWARD (RIGHT, LEFT), RIGHT SHUFFLE, TRIPLE STEP (1/2 RIGHT)**
- 9,10 Step right foot forward, pivot 1/2 turn left
11,12 Full rolling turn forwards over left shoulder, stepping-right, left
- /Easier steps for 11-12 are walk forward, stepping right, left)**
- 13 & 14 Forward right shuffle
15 & 16 Triple step 1/2 turn right, stepping-left, right, left
- RIGHT BEHIND, UNWIND (3/4 RIGHT), LEFT ROCK/RECOVER, LEFT STEP BACK (1/2 LEFT), RIGHT SCUFF, RIGHT ROCK/RECOVER**
- 17,18 Cross right foot behind left, unwind 3/4 turn right
19 & 20 Rock left foot forward, clap hands, recover weight onto right foot and clap hands
21,22 Step left foot back 1/2 turn left, scuff right heel forward
23,24 Rock right foot forward, recover weight onto left foot and clap hands
- RIGHT BEHIND, UNWIND (3/4 RIGHT), LEFT ROCK/RECOVER, LEFT STEP BACK (1/2 LEFT), RIGHT SCUFF, RIGHT MAMBO ROCK**
- 25,26 Cross right foot behind left, unwind 3/4 turn right
27 & 28 Rock left foot forward, clap hands, recover weight onto right foot and clap hands
29,30 Step left foot back 1/2 turn left, scuff right heel forward
31 & 32 Rock right foot forward, step left foot in place, step right foot back
- LEFT MAMBO ROCK FORWARD, RIGHT ROCK/RECOVER, & RIGHT STEP IN PLACE, LEFT ROCK BACK/RECOVER, LEFT SHUFFLE**
- 33 & 34 Rock left foot back, step right foot in place, step left foot forward
35,36 Rock right foot forward, recover weight back onto left foot
& Step right foot beside left
37,38 Rock left foot back, recover weight onto right foot
39 & 40 Forward left shuffle
- RIGHT STEP/1/2 PIVOT LEFT, WALK FORWARD (RIGHT-LEFT-RIGHT), LEFT KICK, LEFT COASTER STEP**
- 41,42 Step right foot forward, pivot 1/2 turn left
43 - 45 Walk forward, stepping-right, left, right
46 Kick left foot forward and clap hands
47 & 48 Left coaster step
- RIGHT CROSS ROCK/RECOVER, BACKWARD ROLLING TURN (1 1/2 RIGHT), LEFT SCUFF, LEFT CROSS ROCK/RECOVER**
- 49,50 Cross rock right foot over left, recover weight onto left foot
51 - 53 1 1/2 rolling turn backwards over right shoulder, stepping-right, left, right
54 Scuff left foot forward
55,56 Cross rock left foot over right, recover weight onto right foot
& Step left foot beside right
- RIGHT CROSS ROCK/RECOVER, TRIPLE STEP IN PLACE (LEFT, RIGHT), LEFT CROSS ROCK/RECOVER, TRIPLE STEP (3/4 LEFT)**
- 57,58 Cross rock right foot over left, recover weight onto left foot

59 & 60 Triple step full turn in place over right shoulder, stepping-right, left, right
61,62 Cross rock left foot over right foot, recover weight onto right foot
63 & 64 Triple step 3/4 turn in place over left shoulder, stepping-left, right, left

REPEAT

SECTION 1A

/This section is dances before the 2nd wall for "One For Sorrow" only

RIGHT SIDE ROCK/RECOVER, &-RIGHT STEP IN PLACE, LEFT SIDE ROCK/RECOVER

1,2 Rock right foot to right side, recover weight onto left foot
& Step right foot beside left
3,4 Rock left foot to left side, recover weight onto right foot
& Step left foot beside right

RIGHT SAILOR STEP, LEFT SAILOR STEP

5 & 6 Step right foot behind left, step left foot to left side, step right foot to right side
7 & 8 Step left foot behind right, step right foot to right side, step left foot to left side

BEGIN 2ND WALL

EASIER STEPS 51-54:

RIGHT STEP BACK (1/2 RIGHT), SLIDE/STEP LEFT BESIDE RIGHT, RIGHT STEP, LEFT SCUFF

51 Step right foot back 1/2 turn right
52 Slide/step left foot beside right
53 Step right foot forward
54 Scuff left foot forward