

Get The Vibe

64 Count, 2 Wall, Intermediate

Choreographer: Nathan Gardiner (UK) Jun 2017

Choreographed to: No Lie by Sean Paul, ft. Dua Lipa

Intro:	16 counts
Section 1	Cross, ¼ R, Step Back, Behind, ¼ R, Step Forward X2
1&2	Cross R over L, ¼ R stepping back on L, Step back on R
3&4	Step L behind R, ¼ R stepping forward on R, Step forward on L
5&6	Cross R over L, ¼ R stepping back on L. Step back on R
7&8	Step L behind R, ¼ R stepping forward on R, Step forward on L
Section 2	Side, Rock Back, Recover R & L, Side Rock, Recover, Behind Side Cross
1-2&	Step R to R side, Rock back on L, Recover on R
3-4&	Step L to L side, Rock back on R, Recover on L
5-6	Rock out to R side, Recover on L
7&8	Step R behind L, Step L to L side, Cross R over L
Section 3	Side L, Touch, Side R, Touch, ½ Rumba Box, Rock Forward, Recover, R Lock Step
1&2&	Step L to L side, Touch R next to L, Step R to R side, Touch L next to R
3&4	Step L to L side, Step R next to L, Step forward on L
5-6	Rock forward on R, Recover on L
7&8	Step back on R, Lock L in front of R, Step back on R
Section 4	L Lock Step, Rock Back, Recover, Step Pivot ½ L X2
1&2	Step back on L, Lock R in front of L, Step back on L
3-4	Rock back on R, Recover on L
5-6	Step forward on R, Pivot ½ L
7-8	Step forward on R, Pivot ½ L
Section 5	Walk Forward R & L, Mambo Step, Coaster Step, R Lock Step
1-2	Step forward on R, Step forward on L
3&4	Rock forward on R, Recover on L, Step back on R
5&6	Step back on L, Step R next to L, Step forward on L
7&8	Step forward on R, Lock L behind R, Step forward on R
Section 6	Side Rock, Recover, Cross Shuffle, Point, ¼ L, Point, ¼ L, Point & Point
1-2	Rock out to L side, Recover on R
3&4	Cross L over R, Step R to R side, Cross L over R
5&6&	Point R to R side, ¼ L stepping R next to L, Point L to L side, ¼ L stepping L next to R
7&8	Point R to R side, Step R next to L, Point L to L side
Section 7	Rock Back, Recover, Point, Behind Side Cross, ¼ LX2, Mambo Step with Knee Pop
1&2	Rock back on L, Recover on R, Point L to L side
3&4	Step L behind R, Step R to R side, Cross L over R
5-6	¼ L stepping back on R, ¼ L stepping L to L side
7&8	Rock forward on R, Recover on L, Step back on R popping L knee forward
Section 8	Cross Samba L & R, Rock Forward, Recover, Ball, Step Pivot ½ L
1&2	Cross L over R, Rock out to R side, Recover on L
3&4	Cross R over L, Rock out to L side, Recover on R
5-6&	Rock forward on L, Recover on R, Step L next to R
7-8	Step forward on R, Pivot ½ L
