



A First Kiss And Last Goodbye

32 count, 2 wall, beginner/intermediate level

Choreographer: Glynn Rodgers (AppleJack) (UK)

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Choreographed to: Two Ways To Fall by Ty England

Start On The Word "Hey"

1-8: Stomp, Heel Taps With Claps, Rock, Shuffle Turn.

1-2: Stomp right foot slightly forward, tap right heel once.

3&4: Tap heel three times. (Each heel tap has one clap)

5-6: Rock forward left, recover weight onto right.

7&8: Shuffle $\frac{1}{2}$ turn left stepping – left-right-left.

9-16: Side Turn, Heel Hinges, Rock Turn, Shuffle.

1-2: Turn $\frac{1}{4}$ left stepping right to right side, turn left heel towards right foot.

3-4: Step left to left side, turn right heel towards left foot.

5-6: Rock right to right side, recover weight onto left turning $\frac{1}{4}$ left.

7&8: Shuffle forward – right-left-right.

17-24: Side, Close, Shuffle, Side, Close, Chasse Turn.

1-2: Step left to left side, close right to left.

3&4: Shuffle back – left-right-left.

5-6: Step right to right side, close left to right.

7&8: Chasse $\frac{1}{4}$ right stepping – right-left-right.

25-32: Pivot Turn, Cross Shuffle, Point Crosses.

1-2: Step forward left, pivot $\frac{1}{4}$ turn right.

3&4: Cross shuffle left stepping – left-right-left.

5-6: Point right to right side, cross right over left.

7-8: Point left to left side, cross left over right.

Choreographers Note: This is my first dance of 2005, so I thought I would keep it nice of simple, so, no tags and no restarts! Hope you like the dance, and hope the year ahead brings many new and fantastic dances!
