

Singalongadance

ABSOLUTE BEGINNER

32 Count 4 Walls

Choreographed by: Rene and Reg Mileham

Choreographed to: Powder Your

Face Medley by Mike Sammes Singers

Section 1 Charleston Steps

- 1 - 2 Touch right toe forward, step right toe next to left foot
3 - 4 Touch left toe back, step left foot beside right
5 - 6 Touch right toe forward, step right toe next to left foot
7 - 8 Touch left toe back, step left foot beside right

Section 2 Side right, close. Shuffle forward. Repeat with left

- 1 - 2 Step right to right side, close left to right
3 & 4 Right Shuffle forward
5 - 6 Step left to left side, close right to left
7 & 8 Left shuffle forward

Section 3 Right Heel, toe, rock & cross. Repeat to left side

- 1 - 2 Right heel forward, right toe back
3 & 4 Rock right out to right side, recover on to left, cross right over left
5 - 6 Left heel forward, left toe back
7 & 8 Rock left out to left side, recover onto right, cross left over right

Section 4 Chasse turns x 3. Coaster step

- 1 & 2 Right chasse, making 1/4 turn right
3 & 4 Left chasse, making 1/4 turn right
5 & 6 Right chasse, making 1/4 turn right
7 & 8 Left coaster step

This dance is especially for our Heartbeat friends, who love a good singalong. Enjoy!