

## Keep My Cool

64 count, 4 wall, intermediate level

Choreographer: Stephanie Mountford (UK) May 2006

Choreographed to: Next To Me by Shayne Ward,

Album: Shayne Ward; You're My Better Half by Keith

Urban, Album: Days Go By

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16 count intro for Next to me by Shayne Ward  
Start on vocals for Your my better half by Keith Urban

### Section 1 Kick ball touch, kick ball touch, sailor step, sailor step

- 1&2 Kick left forward, step left next to right, point right toe to right side  
3&4 Kick right forward, step right next to left, point left toe to left side  
5&6 Step left behind right, step right next to left, step left forward  
7&8 Step right behind left, step left next to right, step right forward

### Section 2 Left lock, left shuffle, rock recover, triple $\frac{3}{4}$ turn right.

- 1-2 Step left foot forward, lock right foot behind left.  
3&4 Step left forward, step right behind left, step left foot forward.  
5-6 Rock right foot forward, recover onto left  
7&8  $\frac{3}{4}$  turn right, stepping right left right.

### Section 3 Rock and cross, rock and cross, pivot $\frac{1}{2}$ x2

- 1&2 Rock left to left side, recover onto right, cross left over right  
3&4 Rock right to right side, recover onto left, cross right over left.  
5&6 Step left forward pivot  $\frac{1}{2}$  turn right  
7&8 Step left forward pivot  $\frac{1}{2}$  turn right

### Section 4 skate forward x3, touch, vaudeville x2

- 1-2 Skate left foot forward, skate right foot forward  
3-4 Skate left foot forward, touch right next to left.  
5&6 Cross right over left, step left foot back, right heel forward,  
&7&8& Step right foot back into place, cross left over right, step right back, left heel forward,  
step left foot back into place.

### Section 5 $\frac{1}{2}$ turn, $\frac{1}{4}$ turn vaudeville x2

- 1-6 Step forward right, pivot  $\frac{1}{2}$  turn left  
3-4 Step forward right pivot  $\frac{1}{4}$  turn left  
5&6 Cross right over left, step left foot back, right heel forward,  
&7&8& Step right foot back into place, cross left over right, step right back, left heel forward,  
step left foot into place.

### Section 6 rock recover, slide back, knee pop, walk x2, right shuffle

- 1-2 Rock forward onto right foot, recover onto left foot,  
3-4 Slide right foot back, slide left foot back as you pop right knee.  
5-6 Walk forward right, left  
7&8 Right shuffle forward right, left, right

### Section 7 rock recover triple $\frac{3}{4}$ left, side touches, heel digs.

- 1-2 Rock forward onto left recover onto right foot  
3&4 Triple  $\frac{3}{4}$  turn left, stepping left right left  
5&6 Touch right toe to right side, step right next to left, touch left to left side  
&7&8& Step left next to right, tap right heel forward, step right foot back into place,  
tap left heel forward, step left foot back into place.

### Section 8 toe touches with hold x2, walk x3, touch.

- 1-2 Touch right toe next to left, hold  
&3-4 Step right into place, touch left toe next to right, hold  
&5-6 Step left foot into place, walk forward right, left  
7-8 Walk forward right, touch left next to right.(weight ends on right)