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My Heart Is Lost To You

32 Count, 2 Wall, Intermediate

Choreographer: Bill Larson (AU) Aug 2016

Choreographed to: My Heart is Lost To You by Ronnie Dunn.

CD: Great Hits Collection

Track: 2:59min - 126 BPM

Start: Turning CCW – 2 Restarts
Weight on Right, Start 32 counts in on vocals (18 seconds) V2 28.8.16

Section 1 Step Turn/Kick, Coaster Step, Side Recover Cross Shuffle

1,2 Step forward on L, turning 1/2 R Kick R forward (6:00)

3&4 Step back on R, Step L beside R, Step R forward

5,6 Step L to side, Recover weight onto R

7&8 Cross shuffle to right: Stepping L, R, L

Section 2 1/4 L, 1/4 L, Cross Shuffle, Side Recover Sailor Step

1,2 Turning 1/4 L Step back on R (3:00), turning 1/4 L Step L to side (12:00)

3&4 Cross shuffle to left: Stepping R, L, R

******Restart here on Walls 4 & 8 (12 counts)**

5,6 Step L to Side, Recover weight onto R

7&8 Step L behind R, Step R to side, Recover weight back onto L

Section 3 Forward Recover Coaster Step, Forward Recover, Roll Back Full Turn

1,2 Step forward onto R, Recover weight back onto L

3&4 Step back on R, Step L beside R, Step R forward

5,6 Step forward onto L, Recover weight back onto R

7,8 Turning 1/2 L Step forward on L (6:00), turning 1/2 L Step back on R (12:00)

Section 4 Step Back Recover, Shuffle Forward, Turning Shuffle, Back Recover

1,2 Step back on L, Recover weight onto R

3&4 Shuffle forward: Stepping L, R, L

5,6 Turning 1/2 L Shuffle back: Stepping R, L, R (6:00)

7,8 Step back on L, Recover weight onto R