

ROCK FORWARD LEFT, COASTER STEP, KICK BALL CHANGE, ROCK BACK RIGHT

- 1 - 2 Rock forward on left, rock back on right
3 & 4 Step back on left, step back on right, step forward on left
5 & 6 Kick right, step on ball of right next to left, step left next to right
7 - 8 Step back on right, rock forward on left

LADY'S SUGAR PUSH, TURN RIGHT

- 1 - 2 Step forward right, step forward left
3 - 4 Touch right next to left, step back right
5 & 6 Triple step in place (left, right, left)
7 - 8 Step right foot to the right with 1/4 turn to the right, tap left toe next to right

SWITCHES AND BACK STRUTS, HEEL TAPS

- & 1 Hop onto left next to right, touch right heel forward
& 2 Hop onto right next to left, touch left toe back
3 - 4 Strut backwards: step back onto left toe, step down on left heel
5 - 6 Step back onto right toe, step down on right heel
& 7 & 8 Left heel goes up-down-up-down

SIDE SHUFFLE ROCK, THREE STEP TURN WITH BRUSH

- 1 & 2 Shuffle step to the left: left, right, left
3 - 4 Step right foot back behind left foot, rock forward onto left foot
5 - 6 Step right foot to right side, pivot 1/2 turn right on ball of right foot and step onto left foot
7 - 8 Pivot 1/2 turn right on ball of left foot and step onto right foot, brush left foot next to right

JAZZ STEP, RUBBER LEGS

- 1 - 2 - 3 Step left crossed in front of right, step back on right, step left to left
4 Touch right next to left
5 - 6 Point right knee to left side, roll it outward to point to right side (shift weight to right foot)
7 - 8 Point left knee to right side, roll it outward to point to left side (shift weight to left foot)

1/4 TURN SHUFFLE STEP, FEET APART, HIP BUMPS

- 1 & 2 Step left foot to left with a 1/4 turn to left, step forward right, step forward left
3 - 4 Touch right next to left, step right to right
5 - 8 Hip bumps: left, right, left, left

ROCK, SHUFFLE BACK, CROSS-UNWIND-HEEL TAPS

- 1 - 2 Step forward right, rock back on left
3 & 4 Shuffle step backwards: right, left, right
5 - 6 Step left crossed behind right, unwind by pivoting on both feet 1/2 turn to the left
& 7 & 8 Right heel goes up-down-up-down

CROSS-TAP-TAP-CROSS, ROCK, ROCK, HALF TURN, HOLD

- 1 Step right crossed in front of left
2 - 3 Touch left toe front, touch left heel front
4 Step left crossed in front of right
5 - 6 Rock back on right, step forward on left
7 - 8 Pivot on ball of left foot 1/2 turn to the left, hold

KICK, MAN'S SUGAR PUSH

- 1 - 2 Kick right foot forward, step right next to left
3 - 4 Step back on left, step back on right
5 - 6 Touch left next to right, step forward on left
7 & 8 Triple step in place: right, left, right

HOOK TURN, CROSS-UNWIND

- 1 - 2 Hook left foot behind right ankle with left foot off the floor, pivot 1/4 turn to right on right foot
3 Step down on left foot, keeping it tucked behind right foot

- 4 Step right next to left
- 5 - 6 Touch left toe to left side, step left toe behind right foot (weight on both feet)
- 7 Pivot on both feet, turning 1/2 turn to left
- 8 Transfer weight to right foot

REPEAT

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