



Sailing

Script approved by



Jo and John Kinser

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 - 2 & 3 - 4 & 5 6 & 7 Option:- 8 & 1	Side, Back Rock, Step, Step Turn Step, Step Lock Step, Rock, Back Step Step left to side. Rock right back behind left. Recover on left. Step right forward. Step left forward. Turn 1/2 right stepping onto right. Step left forward. Step right forward. Lock left behind right. Step right forward. 6&7: full turn left - 1/2 stepping right back, 1/2 left forward, right forward Rock forward on left. Recover onto right. Step left back.	Side Back Rock Right Left Turn Step Right Lock Right Rock Back Step	Back Forward Turning right Forward
Section 2 2 - 3 4 & 5 6 & 7 8 & 1	Sweep, Sweep, Sweep & Cross, Rock & Cross, Turn Turn Cross Sweep right around and step back. Sweep left around and step back. Sweep right around and cross behind left. Step left to side. Cross right over left. Rock left to side. Recover onto right. Cross left over right. Turn 1/4 left stepping right back. Turn 1/4 left stepping left to side. Cross right over left.	Sweep Sweep Sweep & Cross Rock & Cross Turn Turn Cross	Back Left Right Turning left Left
Section 3 2 & 3 - 4 & 5 6 & 7 8 & 1 Option:-	Turn, Turn, Step, Rock Turn Step x 2, 1.3/4 Turn Turn 1/4 right stepping left back. Turn 1/4 right stepping right to side. Step left forward. Rock forward on right. Recover onto left. Turn 1/2 right stepping right forward. Rock forward on left. Recover onto right. Turn 1/2 left stepping left forward. Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward. Turn 1/4 left stepping right to side. 8&1: walk forward right & left, turn 1/4 left stepping right to side.	Turn Turn Step Rock & Turn Rock & Turn Turn Turn Turn	Turning right Forward Turning right Turning left
Section 4 2 & 3 4 & 5 6 - 7 8 &	Back Rock Side x 2, Sway, Sway, Back Rock Rock left behind right. Recover onto right. Step left to left side. Rock right behind left. Recover onto left. Step right to right side. Sway left, transferring weight. Sway right, transferring weight. Rock left behind right. Recover onto right.	Back Rock Side Back Rock Side Sway Sway Back Rock	Left Right On the spot Right
Tag:- 1 - 2	Danced once at end of Wall 4: Step left to side with sway. Sway right, transferring weight.	Side Sway	Left

INTERMEDIATE

4 Wall Line Dance:- 32 Counts. Intermediate Level.

Choreographed by:- Jo & John Kinser (UK) March 2006.

Choreographed to:- 'Sailing' by Rod Stewart (64 bpm) from Greatest Hits Album (32 count intro).

Tag:- There is a 2 count tag at the end of Wall 4.