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### TOE/HEEL FORWARD X 4

1-4 Step RF forward on toe, Step down on heel/ Step LF forward, Step down on heel

5-8 Step RF forward on toe, Step down on heel/ Step LF forward, Step down on heel

### BACKWARDS STEP TOUCHES TWICE, RF STEP BACK, PIVOT 1/4 R, TOUCH, L SIDE TOUCH

1-2 RF Step back, LF touch beside RF

3-4 LF Step back, RF Touch beside LF

5-6 RF Step back Pivot 1/4 R, LF touch beside RF

7-8 LF Step left, RF Touch together

### RF ROCK FWD, LF RECOVER, RF MAMBO BACK, LF ROCK FWD, RF RECOVER, LF MAMBO BACK

1-2 Rock RF forward, Recover LF

3&4 Rock RF back, Recover LF, Step RF beside left

5-6 Rock LF forward, Recover RF

7&8 Rock LF back, Recover RF, Step LF beside right

### MAMBO RIGHT, MAMBO LEFT

1-4 RF Rock side right, LF recover, RF close together beside L & hold

5-8 LF Rock side left, RF recover, LF close together beside R & hold

### REPEAT