

'Change' (Always Running Away)

64 Count, 4 Wall, Intermediate

Choreographer: Roz Chaplin (UK) & Ann-Kristin Sandberg
(Norway) July 13

Choreographed to: Change by Emmelie De Forest; CD: Only
Teardrops (119bpm)

Intro: 34 Counts, Starts on Vocals (Strolling down empty streets)

S1 SIDE, BEHIND, RIGHT CHASSE, DIAGONAL ROCKING CHAIR

1-2 Step right to right side, cross left behind right
3&4 Step right to right side, close left beside right, step right to right side
5-8 Cross rock left over right, recover onto right, rock back on left diagonal, recover onto right

S2 SIDE, BEHIND, LEFT CHASSE ¼ TURN, STEP, ¼ TURN, STEP, ¼ TURN

1-2 Step left to left side, cross right behind left
3&4 Step left to left side, step right beside left, ¼ turn left stepping forward on left (facing 09.00)
5-6 Step forward on right, ¼ turn left stepping left to left side (facing 06.00)
7-8 Step forward right, ¼ turn left stepping left to left side (facing 03.00)

S3 CROSS, BACK, COASTER STEP, STEP LOCK, STEP, TOUCH

1-2 Cross right over left, step back on left
3&4 Step back on right, step left beside right, step right forward
5-8 Step forward on left, lock right behind left, step forward on left, touch right beside left

S4 KICK FORWARD, SIDE, COASTER STEP, KICK FORWARD, SIDE, COASTER STEP

1-2 Kick right forward, kick right foot to right side
3&4 Step right foot back, step left beside right, step forward right
5-6 Kick left forward, kick left foot to left side
7&8 Step left foot back, step right beside left, step forward left

S5 FORWARD ROCK, SHUFFLE ½ TURN, FORWARD ROCK, TRIPLE ¾ TURN

1-2 Rock forward on right, recover onto left
3&4 Shuffle ½ turn right stepping – right, left, right (9)
5-6 Rock forward on left, recover onto right
7&8 Triple ¾ turn left stepping – left, right, left (6)

S6 FORW, TOUCH, FORW, TOUCH, BACK, BACK, COASTER STEP

1-2 Step forward right, touch left beside right
3-4 Step forward left, touch right beside left
5-6 Step back on right, step back on left
7&8 Step back on right, step left beside right, step forward on right

S7 CROSS BACK, LEFT CHASSE, CROSS BACK CHASSE ¼ TURN

1-2 Cross left over right, step back on right
3&4 Step left to left side, close right beside left, step left to left side
5-6 Cross right over left, step back on left
7&8 Step right to right side, close left beside right, ¼ turn right stepping right forward (9)

S8 TOE STRUTS x 2, JAZZBOX, TOUCH

1-2 Touch left toe forward, drop left heel (taking weight)
3-4 Touch right toe forward, drop right heel (taking weight)
5-6 Cross left over right, step back on right
7-8 Step left to left side, touch right beside left

Music download available from iTunes
