



## For The Life Of Me

32 Count, 4 Wall, Intermediate

Choreographer: Graham Mitchell (UK) July 2018

Choreographed to: For The Life Of Me by Trent Tomlinson.

album: That's What's Working Right Now

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- Section 1      Basic Night Club Right & Left, ¼ Right, Fall Away 3/8**  
1-2&      Long step Right, rock Left behind Right, recover Right  
3-4&      Long step Left, rock Right behind left, recover Left  
5          Step forward Right making ¼ Right [3]  
6&7      Cross L over Right, (&) 1/8 turn left stepping back R, 1/8 step back Left  
8&      Step Right behind left, (&) 1/8 turn left stepping left to left side [10.30]
- Section 2      Syncopated Rocking Chair, Step ½ Pivot Step, Full Turn, Side Back Rock Side**  
1&2&      Rock forward Right recover left, rock back Right, recover left [10.30]  
3&4      Step forward right pivot ½ left, step forward Right [4.30]  
5&6      Step back left ½ turn right, step forward right ½ turn right, step 1/8 Left to left  
7&8      Rock Right behind Left, recover Left, step Right to Right side [6]  
**\*\*TAG/ RESTART WALL 3 AND 7 \*\***
- Section 3      Behind Side & Cross Rock & Cross Rock, & Cross Unwind ¾ , Right Shuffle**  
1&2      Step Left behind, step Right to right side, cross rock Left over Right  
3&4      Recover Right, step left to left side, Cross rock Right over Left [6]  
5&6      Recover left, step right beside left, cross Left over right unwind ¾ right [3]  
7&8      Step forward Right, close left beside Right, step forward Right
- Section 4      Back Twinkles Left & Right, Back Rock, ½ Turn Right, Reverse Rocking Chair**  
1&2      Cross Left over Right, step Right to Right side, step back left  
3&4      Cross Right over Left, step Left to Left side, Step Right back [3]  
5&6      Rock left back, recover right, ½ turn Right stepping back Left [9]  
7&8&      Rock back on right, recover left, rock forward Right, recover Left
- Tag:**            **2 Count Tag Change Of Steps After Section 2 Count 7&**  
1-2            **Touch Right Toe To Right Side, Touch Right Beside Left**
- Ending:**        **After Section 1 Cross Right Over Left Unwind ½ Turn**
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