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It's Good To Be Alive

32 Count, 4 Wall, Intermediate

Choreographer: Darren Mitchell (AU) Jul 2017

Choreographed to: Good Time To Be Alive by Lady Antebellum.

Album: Heartbreak

Intro: 16 count

Section 1 Forward, Forward-Back-1/2 Turn, 3/4 Turn, Behind-Side-Across, Side-Behind-Across

1 Step R forward,
2&3 Step L forward, rock back onto right, turn 180 degrees left step L forward, (6:00)
4&5 Step R forward, turn 270 degrees left take weight onto left, step R to the side, (9:00)
6&7 Step L behind right, step R to the side, step L across in front of right,
8&1 Step R to the side, step L behind right, step R across in front of left.

Section 2 Side Shuffle, Across-Back-Back, Across-Back-Back-Touch

2&3 Side shuffle to the left: L-R-L,
4&5 Step R across in front of left, step L back at 45 degrees left, step R back at 45 degrees right,
6&7 Step L across in front of right, step R back at 45 degrees right, step L back at 45 degrees left,
8 (*) Touch R together. (9:00)

Section 3 Together, Forward, Forward-Together, Pivot Turn, Forward, Forward-Together, Forward, Touch

&1,2 Step R together, step L forward, step R forward,
& Step L together,
3,4 Pivot turn: step R forward, turn 180 degrees left take weight onto left, (3:00)
5,6 Step R forward, step L forward,
&7,8 (**) Step R together, step L forward, touch R together.

Section 4 Side, Rock-Together, Side, Rock-Together, Forward, Back, 1/2 Turn, Forward, Touch

1,2& Step R to the side, side rock onto left, step R together,
3,4& Step L to the side, side rock onto right, step L together,
5,6 Step R forward, rock back onto left,
& Turn 180 degrees right step R forward,
7,8 Step L forward, touch R together. (9:00)

**32
Repeat**

Restarts:

Restart 1 On wall 3, dance to count 16 (*) then restart the dance again facing 3 0'clock.

Restart 2 On wall 6, dance to count 24 () then restart the dance again facing 12 0'clock**

Restart 3 On wall 7, dance to count 16 (*) then: step R back, rock forward onto left and restart the dance again facing 9 0'clock