

INTRO

/(To be used only once with Tricky Tricky by Lou Bega - start with vocals)

SIDE MAMBOS, 1/2 PIVOTS, FULL TURN

- 1 & 2 Keeping right in place, step left to left side, rock (side rock) onto right, step left beside right
3 & 4 Keeping left in place, step right to right side, rock (side rock) onto left, step right beside left
5 & 6 Step forward on left pivoting 1/2 turn right (6:00), step forward on right, step left beside right
7 & 8 Step forward on right pivoting 1/2 turn left (12:00), step forward on left, step right beside left

FULL TURN, STEP BACK, HOOK, FORWARD STEP LOCK, FORWARD MAMBO

- 9 & 10 Making full turn right, step left right left
11 - 12 Step long step back on right - hook left (toe touching floor) over right

/Styling option on counts 11-12: lean back, throwing arms in air, with STYLE

- 13 - 14 Step forward on left - slide step (lock) forward on right
15 & 16 Traveling forward, locking right behind left, shuffle left right left

/End of intro (used only once at beginning of dance)

HERE'S THE DANCE!!!

KICKS, SAILOR SHUFFLES

- 1 - 2 Kick right forward, kick right out to right side
3 & 4 Turning body to face slightly right step right behind left, facing forward step left to left side, step right slightly forward to right side
5 - 6 Kick left forward, kick left out to left side
7 & 8 Turning body to face slightly left step left behind right, facing forward step right to right side, step left slightly forward to left side

/Styling option: The kicks can be as high or low as you want (depending for force of music) or try a ronde. The sailor shuffles can be done in place (triples) or full turns

SIDE, SLIDE, SIDE, TOUCH, 1/4 TURN, REVERSE 1/4 TURN

/Styling option: On 1/4 turns in counts 9-24, put hands on knees and squat down when singer mentions ball games, or do spins

- 9 - 12 Step right to right side, slide step left beside right, step right to right side, touch left beside right
& 13 On ball of right make 1/4 turn right (3:00), step left to left side
14 - 16 Touch right beside left, step back on right making 1/4 turn left (12:00), touch left beside right

SIDE, SLIDE, SIDE, TOUCH, 1/4 TURN, REVERSE 1/4 TURN

- 17 - 20 Step left to left side, slide step right beside left, step left to left side, touch right beside left
& 21 - 24 On ball of left make 1/4 turn left (9:00), step right to right side, touch left beside right, step back on left making 1/4 turn right (12:00), touch right beside left

SIDE TOUCHES, OUT OUT, CROSS, 1/2 TURN

- 25 - 28 Step right to right side, touch left beside right, step left to left side, touch right beside left
& 29 - 32 Step right out to right side, step left out to left side, cross step right over left, unwind 1/2 turn left (6:00) keeping weight on left

/Styling option: On counts 31-32, try a body roll while making 1/2 turn

REPEAT
