

Ain't Worth The Tears

32 Count, 4 Wall, Improver

Choreographer: Mikael 'LD Crazy Mike' Erlandsson &
Micaela Svensson Erlandsson (SE) Feb 2017

Choreographed to: Ain't Worth The Tears by Liv Marit Wedvik

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- Section 1** **Step. Swivel Heels R. Coaster Step. Step Forward Swivel Heels L. Coaster Step**
1&2 Step right foot forward , swivel both heels to the right side and back to center
3&4 Step back on right foot, step Left beside right, Step forward on right foot
5&6 Step Left Foot forward, Swivel both heels to the left side, and back to center
7&8 Step back on left Foot, step right foot beside Left , Step forward on left foot
- Section 2** **Step. Turn L ¼. Cross. Point. Touch. Point. Behind. Side. Cross. Step Diagonal Knee Pop**
1&2 Step forward on R, turn a ¼ over your left shoulder, Cross R foot over L
3&4 Point L to Left side, Touch Left next to Right, Point L to Left Side
5&6 Cross left behind Right, step Right Foot to the side, Cross Left foot in front of Right
7&8 Step Right Forward on Right Diagonal, Pop both knees.
- Section 3** **Coaster Step. Kick Ball Step. Mambo Step. Sailor ¼ Turn**
1&2 Step back on right. Step left beside right. Turn a 1/8 over Left shoulder and Step forward on right
3&4 Kick left forward. Step left in place. Step right in place.
5&6 Rock forward on Left. Recover onto Right. Step back on Left.
7&8 **Tag & Restart here: On wall 3 (facing 9 o'clock) and wall 7 (facing 12 o'clock)**
Sweep right stepping right behind left. Step left in place. Step right in place.
- Section 4** **Step. ½ Turn right. Step. Triple Full Turn forward. Toe Switches. Step. Scuff.**
1&2 Step forward on left. Turn ½ right. Step forward on left.
3&4 Make a triple full turn forward over the left shoulder, stepping right, left, right.
5&6& Touch left toes forward. Step left in place. Touch right toes forward. Step right in place
7-8 Step forward on left. Scuff right foot forward.
- Tag:** **Replace the Sailor ¼ Turn Section 3, on wall 3 (facing 9 o'clock) & wall 7 (facing 12 o'clock) with a Right Back Rock and start over.**
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