

Six AM

32 Count, 4 Wall, Intermediate, WCS
Choreographer: Matthew Oakley (UK) March 2014
Choreographed to: Sober by Pink, CD: Funhouse
(Deluxe Version) (iTunes)

Start dancing on lyrics

STEP, CROSS, STEP, PRESS, RECOVER, STEP, ½ TURN, ½ TURN STEP BACK, PRESS, RECOVER, LOCK STEP

- 1&2 Step left side, cross right over, step left side
3&4 Rock right back, recover to left, step right forward
5-6 Turn ½ left (weight to left) (6:00), turn ½ left and step right back (12:00)
7&8& Rock left back, recover to right, step left forward, lock right behind

STEP, ROCK, RECOVER, STEP BACK, CROSS, STEP BACK, ½ TURN, ¼ TURN, ¼ TURN, SWEEP

- 1-2 Step left forward, step right forward
3&4 Rock left forward, recover to right, step left diagonally back
5&6 Cross right over, step left back, turn ½ right and step right forward (6:00)
7&8 Turn ¼ right and step left side (9:00), turn ¼ right and cross right over (12:00), sweep left back to front

CROSS, STEP, TOUCH, ¾ TURN, STEP, HOLD, STEP, STEP, HOLD, STEP, STEP

- 1-2 Cross left over, step right side
3&4 Touch left back, turn ¾ left and hitch left, step left slightly forward
5&6 Hold, step right together, step left forward
7&8 Hold, step right together, step left forward

ROCK, RECOVER, STEP BACK, ROCK BACK, RECOVER, STEP, FLICK, ROCK RECOVER, CROSS, FULL TURN, STEP, CROSS

- 1&2 Rock right forward, recover to left, step right back
3&4& Rock left back, recover to right, step left forward (toe turned in), flick right back
5&6 Rock right side, recover to left, cross right over
7-8& Full turn left (weight to right), step left side, cross right over