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Once In A Lifetime

32 count, 2 wall, Intermediate level

Choreographer :Geri Morrison (UK)

September 2001

Choreographed to : One In A Million by
Bosson (120 bpm), Miss Congeniality
Soundtrack; The Way You Love Me by Faith
Hill, Breathe Album

ROCK & BACK. CROSS SHUFFLE. ROCK & CROSS. CHASSE.

- 1 & 2 ROCK RIGHT TO RIGHT SIDE, RECOVER ON LEFT CROSS RIGHT BEHIND LEFT
3 & 4 CROSS LEFT OVER RIGHT, STEP RIGHT TO RIGHT SIDE, CROSS LEFT OVER RIGHT,
5 & 6 ROCK RIGHT TO RIGHT SIDE, RECOVER WEIGHT ON LEFT, CROSS RIGHT OVER LEFT
7 & 8 STEP LEFT TO LEFT SIDE, STEP RIGHT BESIDE LEFT, STEP LEFT TO LEFT SIDE

ROCK BACK TURN LEFT. ROCK BACK TURN RIGHT. CROSS UNWIND. SAILOR STEP

- 1 & 2 ROCK BACK ON RIGHT, RECOVER ON LEFT, TURN 1/2 LEFT, STEP BACK ON RIGHT.
3 & 4 ROCK WEIGHT BACK ON LEFT, RECOVER WEIGHT ON RIGHT, TURN 1/2 RIGHT,
5 - 6 CROSS RIGHT BEHIND LEFT, UNWIND 1/2 TURN RIGHT (WEIGHT ON LEFT)
7 & 8 CROSS RIGHT BEHIND LEFT, STEP LEFT TO LEFT, STEP RIGHT IN PLACE

CHASSE. FULL TURN RIGHT. 1/4 TURN RIGHT SHUFFLE.

- 1 & 2 STEP LEFT TO LEFT, BRING RIGHT BESIDE LEFT, STEP LEFT TO LEFT,
3 - 4 STEP RIGHT 1/2 TURN RIGHT, STEP LEFT 1/2 TURN (TRAVELING RIGHT)
5 & 6 STEP RIGHT 1/4 TURN RIGHT, STEP LEFT TO RIGHT, STEP RIGHT FORWARD.
7 - 8 STEP BACK ON LEFT, DRAG RIGHT TO LEFT, (HITCHING RIGHT KNEE)

HEEL SWITCHES, PIVOT 1/2 RIGHT, COASTER STEP, 1/4 TURN CHASSE

- &1 & 2 STEP RIGHT IN PLACE, TOUCH LEFT HEEL FORWARD, STEP LEFT IN PLACE,
TOUCH RIGHT HEEL FORWARD,
&3 - 4 STEP RIGHT IN PLACE, STEP LEFT FORWARD, PIVOT 1/2 TURN RIGHT,
5 & 6 STEP BACK ON RIGHT, STEP LEFT BESIDE RIGHT, STEP RIGHT FORWARD.
7 & 8 TURN 1/4 RIGHT ON LEFT, BRING RIGHT BESIDE LEFT, STEP LEFT TO LEFT SIDE.