

Intro: 8 counts

S1: WALK, TOUCH & HEEL & WALK, FORWARD ROCK, ½ R SHUFFLE

1-2&3 Walk forward on right, Touch left to right, Step slightly back on left, Tap right heel forward
&4 Step right next to left, Walk forward on left
5-6 Rock forward on right, Recover on left
7&8 ½ right stepping forward on right, Step left next to right, Step forward on right [6:00]

S2: ½ R SHUFFLE, ¼ ROCK, BEHIND SIDE CROSS, HOLD BALL CROSS

1&2 ½ right stepping back on left, Step right next to left, Step back on left [12:00]
3-4 Rock ¼ right stepping right to right side, Recover on left [3:00]
5&6 Step right behind left, Step left to left side, Cross right over left
7&8 HOLD, Step on ball of left, Cross right over left

S3: SIDE ROCK, L SAILOR, ¼ R SAILOR, WALK, ½

1-2 Rock left to left side, Recover on right
3&4 Step left behind right, Step right to right side, Step left to left side
5&6 ¼ right stepping right behind left, Step left to left side, Step forward on right [6:00]
7-8 Walk forward on left, ½ left stepping back on right [12:00]

S4: BACK LOCK STEP, BACK ROCK, WALK R, WALK L, STEP LOCK STEP

1&2 Step back on left, Cross right over left, Step back on left
3-4 Rock back on right popping left knee forward, Recover forward on left popping right knee forward
5-6 Walk right, Walk left
7&8 Step forward on right, Lock left behind right, Step forward on right

S5: ¼, HOLD, BEHIND SIDE CROSS, SIDE ROCK, BEHIND SIDE CROSS

1-2 ¼ right stepping left to left side, HOLD [3:00]
3&4 Cross right behind left, Step left to left side, Cross right over left
5-6 Rock left to left side, Recover on right
7&8 Cross left behind right, Step right to right side, Cross left over right

S6: POINT, HOLD & POINT, HOLD & FORWARD ROCK, ½, ¼

1-2 Point right to right side, HOLD
&3-4 Step right next to left, Point left to left side, HOLD
&5-6 Step left next to right, Rock forward on right, Recover on left
7-8 ½ right stepping forward on right, ¼ right stepping left to left side [12:00]
***RESTART: Walls 3 & 5**

S7: BACK CROSS BACK, BACK CROSS BACK, ½ R SHUFFLE

1-2-3 Step back on right crossing right behind left angling body to [1:30], Cross left over right, Step back on right
4-5-6 Step back on left straightening to [12:00], Cross right over left angling body to [10:30], Step back on left straightening to [12:00]
7&8 ½ right stepping forward on right, Step left next to right, Step forward on right [6:00]

S8: STEP SWEEP, STEP SWEEP, CROSS, BACK & WALK R, WALK L

1-2 Step forward on left, Ronde sweep right over left
3-4 Step forward on right, Ronde sweep left over right
5-6& Cross left over right, Step back on right, Step left next to right
7-8 Walk right, Walk left

TAG: After Wall 1 dance the following 16 count tag:

CROSS ROCK, SIDE, DRAG, CROSS ROCK, SIDE, DRAG

1-4 Cross right over left, Recover on left. Step right to right side, Drag left to meet right

5-8 Cross left over right, Recover on right, Step left to left side, Drag right to meet left

R JAZZ BOX, R ROCKING CHAIR

1-4 Cross right over left, Step back on left, Step right to right side. Step left next to right

5-8 Rock forward on right, Recover back on left, Rock back on right, Recover forward on left

***RESTARTS: Restart the dance after 48 counts on Wall 3 facing [12:00] & Wall 5 facing [6:00]**

ENDING: On Wall 7 dance the first 14 counts, then ¼ left stomping forward on left to finish facing [12:00]

Thank you to Kelvin Deadman for suggesting the music



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