

**Shut Up & Dance EZ**

16 Count, 4 Wall, Absolute Beginner

Choreographer: Lynn Card (US) June 2015

Choreographed to: Shut Up and Dance by Walk the Moon

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(No Tags, No Restarts, Great For Floor Splits)

**Start on first vocal**

- WALK FORWARD R, L, R, KICK L**  
1,2,3,4 Walk R forward, Walk L forward, Walk R forward, Kick L forward
- WALK BACK L, R, L, R, TOUCH R**  
5,6,7,8 Walk L back, Walk R back, Walk L back, Touch R next to L
- STEP RIGHT SIDE, TOUCH L, STEP LEFT SIDE, TOUCH R**  
1,2,3,4 Step R to right side, Touch L next to R, Step L to left side, Touch R next to L
- OUT OUT, CLAP, TWIST, TWIST with 1/4 TURN**  
&5,6,7,8 Step R out to right side, Step L out to left side, (shoulder width apart), Clap, Twist heels to the left, Twist heels to the right and make a ¼ turn to the left ending with weight on L (now facing new wall 9 o'clock)