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## Italiano

64 Count, 2 Wall, Intermediate

Choreographer: Rachael McEnaney-White (USA), Shane McKeever (IE) & Niels Poulsen (NL) Oct 2016

Choreographed to: Mamma Mia (He's Italiano) by Elena, ft. Glance

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### Approx 115 bpm

**Count In:** 16 counts from when the start of the track. Dance begins on vocals.

**Notes:** Restart after 48 counts on the 5th wall. You are facing 12.00 to restart.

- Section 1** **L Side Rock, L Behind, ¼ R, L Fwd, R Touch, Heel Jack, L Ball, R Fwd, ½ Pivot Left.**  
1 2 3 & 4 Rock L to left side (1), recover weight R (2), cross L behind R (3), make ¼ turn right stepping forward R (&), step forward L (4) 3.00  
5&6&7&8 Touch R next to L (5), step back R (&), touch L heel forward (6), step in place on ball of L (&), step forward R (7), pivot ½ turn left (8) 9.00
- Section 2** **R Dorothy Step, L Dorothy Step, R Fwd Rock, ½ Turn R, ¼ Turn R**  
1 2 & Step R to right diagonal (1), cross L behind R (2), step R to right diagonal (&), 9.00  
3 4 & Step L to left diagonal (3), cross R behind L (4), step L to left diagonal (&) 9.00  
5 6 7 8 Rock forward R (5), recover weight L (6), make ½ turn right stepping forward R (7), make ¼ turn right stepping L to left side (8) 6.00
- Section 3** **R Behind, L Side, R Crossing Shuffle, 4 Swivels L-R-L ¼ Turn R**  
1 2 3 & 4 Cross R behind L (1), step L to left side (2), cross R over L (3), step L to left side (&), cross R over L (4) 6.00  
5 6 Swivel both heels right as you step L to left side (5), swivel both heels left as you step R to right side (6) 6.00  
7 8 Swivel both heels right as you step L to left side (7), swivel both heels left as you make a ¼ turn right stepping forward on R (8) 9.00
- Section 4** **L Fwd, R Kick, R Back, ¼ Turn R Looking Back, ¼ Turn L, R Kick-Ball-Cross, R Side**  
1 2 3 Step forward L (1), kick R foot forward (2), step back R (3) 9.00  
4 5 Make ¼ turn right as you bend both knees slightly and look back over right shoulder (weight R)(4), make ¼ turn left as you recover weight L (5)  
**Option: take R hand to forehead as if 'looking' for something when you do count 4 (this simply hits the lyric "look" during the chorus) 9.00**  
6 & 7 8 Kick R to right diagonal (6), step in place on ball of R (&), cross L over R (7), step R to right side (8) 9.00
- Section 5** **L Sailor, Hold With 'shake', R Ball, L Side, R Points Fwd-Side, R Sailor Into R Side Shuffle (Begins Count 41)**  
1&2 3 & 4 Cross L behind R (1), step R next to L (&), step L to left side (2), hold (3), step R next to L (&), step L to left side (4)  
**Option: on count 2 & 3 shimmy shoulders (think that the R shoulder goes forward (2), back (&), forward (3)) 9.00**  
5 6 Point R toe across L (5), point R to right side (6), 9.00  
7 & 8 & Cross R behind L (7), step L next to R (&), step R to right side (8), step L next to R (&) 9.00
- Section 6** **R Side (end Of R Shuffle), L Points Fwd-Side, L Sailor ¼ Turn L, ½ Turn L Doing 3 Chugs/Touches With R**  
1 2 3 Step R to right side (1), point L toe across R (2), point L to left side (3) 9.00  
4 & 5 Cross L behind R (4), step R next to left (&), make ¼ turn left stepping forward L (5) 6.00  
6 7 Make 1/8 turn left pushing R to right side (like a touch but stronger) (6), make ¼ turn left pushing R to right side (7), 1.30  
8 Make 1/8 turn left pushing R to right to right side (8) (you are now facing 12.00 the R foot pushing toward 3.00) (8) (weight ends R) 12.00
- Restart:** Wall 5 begins facing 12.00, during the 5th wall you will restart the dance here (rap section of music). Restart is facing 12.00
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**Section 7**

1 2 3 &amp; 4

**L Side Rock, L Behind-Side-Cross, R Side Rock, R Behind, ¼ L, R Fwd**

Rock L to left side (1), recover weight R (2), cross L behind R (3), step R to right side (&amp;), cross L over R (4) 12.00

5 6 7 &amp; 8

Rock R to right side (5), recover weight L (6), cross R behind L (7), make ¼ turn left stepping forward L (&amp;), step forward R (8) 9.00

**Section 8**

1 2 &amp; 3 4

**Syncopated Fwd Rocks L&R, ¼ Turn L Doing L Jazz Box (R Cross At End)**

Rock forward L (1), recover weight R (2), step ball of L next to R (&amp;), rock forward R (3), recover weight L (4) 9.00

&amp; 5 6 7 8

Step ball of R next to L (&amp;), cross L over R (5), make 1/8 turn left stepping back R (6), make 1/8 turn left stepping L to left side (7), cross R over L (8) 6.00